

FALL 2018 PROGRAM GUIDE

We've Got Your Formula for Fun

Look inside
to create your
perfect mix of
arts, aquatics,
enrichment,
sports and
more!

More than
30 NEW
Programs!



Register online at www.prcommunityed.org



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& Literacy
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Your Formula for a Great Fall

Create Chemistry on the Court or Field

Grab your classmates and friends and get your team together for leagues that play and practice throughout Parkway and Rockwood including:

- Grades 3-8 boys and girls basketball leagues and boys high school league (Pg. 4)
- Grades 3-8 and high school volleyball leagues, high school league, adult league (Pg. 5) and Rockwood Thunder volleyball (Pgs. 8-9)
- Soccer All Stars League (Ages 3-6) and Indoor Soccer/Futsal fall and winter leagues (Grades K-5) (Pg. 10)



Experiment with Something New

No matter your skill level or interest we have something for you including:

- Dance Classes (Pg. 16)
- Lacrosse (Pg. 7)
- Golf (Pg. 10)
- Guitar (Pg. 17)
- Indian Folk Art (Pg. 18)
- Tai Chi (Pg. 14)
- Ski/Snowboard (Pg. 7)
- Yoga (Pgs. 12-13)
- Zumba (Pg. 11)
- And more!

Bond With Your Family

Put down the electronic devices and reconnect with your family at one of our family programs:

- GPS Trick or Treat (Pg. 29)
- Parent-Child Art (Pg. 18)
- Jr. & Adult Golf (Pg. 10)
- Parent-Child Chess (Pg. 20)
- Family Guitar (Pg. 17)
- Yoga for Families (Pg. 12)
- Ozark Rocks Trip (Pg. 31)



About Us

Parkway-Rockwood Community Ed is a partnership between the Parkway and Rockwood School Districts that provides high quality programs and services that enhance the quality of life for residents.

What We Do

Provide experiences for today, tomorrow and life.



Our Pledge to the Community

We care about your experience. At Community Ed, we constantly strive to make programs more enriching, accessible and engaging so you have the best experience possible while learning and having fun.



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Trek & Travel

We'll be out and about again this year on great trips. Check the dates and find your adventure! Pages 30-31



Save the Dates!

Be sure to join us Nov. 2 for our annual Daddy Daughter event and Oct. 12 for our brand new Mother Daughter event!

Page 20



Music

Improve your musical skills in orchestra, learn guitar or enhance your singing ability in choir. There's something for youth, family and adults.

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Adult Education & Literacy

Read about our resources for continuing education and English as a second language.

Pages 38-41



Hit the Court with Us

INSTRUCTIONAL BASKETBALL

Mighty Mites Basketball

Young and beginning players will have a ball while learning fundamental skills and rules of the game. Offered in partnership with Ozzie Smith's Sports Academy.

Wednesdays | Starts Oct. 24 | 7 sessions
Gr. K at 6-6:55 p.m. | Gr. 1-2 at 7-7:55 p.m.
Craig Elementary | \$99

Saturdays | Starts Oct. 27
Gr. K at 9-9:55 a.m.
Gr. 1-2 (Beginner) at 10-10:55 a.m. or 11-11:55 a.m.
Gr. 1-2 (Intermediate) at 12-12:55 p.m.
Westridge or Wren Hollow Elementary | \$99

Pre-Season Basketball Clinics

Get your game ready for league play with this engaging clinic that focuses on individual, team and game skills. Players will fine tune basketball skills and play in scrimmage games.

Wednesdays | Starts Sept. 19 | 6 sessions
Girls (Gr. 3-4) | 5:30-7 p.m.
Girls (Gr. 5-6) | 7:15-8:45 p.m.
Selvidge Middle | \$99

Saturdays | Starts Sept. 29 | 6 sessions
Boys (Gr. 3-5) | 9-10:30 a.m.
Boys (Gr. 6-8) | 10:45 a.m - 12:15 p.m.
Girls (Gr. 7-8) | 12:30-2 p.m.
Selvidge Middle | \$99

Basketball Skills Clinics

Looking for a fall basketball program with a little extra? Boys and girls will improve shooting mechanics, one-on-one defense, ball handling, passing, fitness and conditioning and more. Offered in partnership with Athletes Global.

Tuesdays | Starts Sept. 4 | 7 sessions
Boys (Gr. 3-5) at 6-7:15 p.m.
Boys (Gr. 6-8) at 7:30-8:45 p.m.
Parkway Central Middle | \$99

Thursdays | Starts Sept. 6 | 7 sessions
Girls (Gr. 3-5) at 6-7:15 p.m.
Girls (Gr. 6-8) at 7:30-8:45 p.m.
Parkway Central Middle | \$99

Mondays | Starts Sept. 10 | 7 sessions
Boys & Girls (Gr. 2-3) from 6-7:15 p.m.
Boys & Girls (Gr. 4-5) from 7:30-8:45 p.m.
Blevins Elementary | \$99

BASKETBALL LEAGUES

PARKWAY & ROCKWOOD
B A S K E T B A L L

Whether you love to play for fun or are looking to play at a higher level, this league is for you!

NEW THIS YEAR: Each player receives a home and away dri-fit jersey!
Register by Oct. 1 and SAVE!

- Boys and Girls Divisions in Grades 3-8
- Recreational, Intermediate and Advanced Levels of Play
- Practices start week of Nov. 5
- 10-game schedule starts Dec. 1
- Held at Parkway & Rockwood schools
- Sign up individually or gather your friends and sign up by team
- Existing teams from other leagues looking for more games welcome

\$115 | \$135 after Oct. 1

High School Boys Basketball League

Play basketball with your friends in a recreational setting! League consists of an eight-game schedule. Register individually, but must be part of an existing team with a coach.

Grades 9-12 | Saturdays | Jan. 5 - Feb. 23
Held in Parkway, Rockwood and Lindbergh
\$99 | \$119 after December 3

Adult Basketball Open Play

Wanting to shoot around, work on your skills or play a game of pickup? Join us for open basketball where you can develop your game. Register individually.

Ages 18+ | Mondays | Starts Sept. 10
8 sessions | 7:30-9:30 p.m.
Parkway North High | \$45





Hit the Court with Us

YOUTH TENNIS

Saturday Junior Tennis Clinics

If you're looking to introduce your youngster to the game or have a budding star looking to fine-tune their strokes and develop strategic play, these clinics are for you.

Saturdays | Starts Sept. 8 | 6 sessions

Lafayette High and Parkway South | \$89

Red: Ages 5-8

9-10 a.m.

Intro to basic stroke fundamentals and rules of the game.

Orange: Ages 10 & under 10-11 a.m.

Encourages players to rally while learning the basics of score keeping. Singles and doubles are also introduced.

Green: Ages 12 & under 10-11 a.m.

For more experienced players and an introduction to more strategy based drills.

Yellow: Ages 13-18

11 a.m.-12 p.m.

For players with prior tennis experience. Drills are primarily live ball and strategy oriented.

HIGH SCHOOL VOLLEYBALL

Girls High School Volleyball League

Gather your friends, form a team and hit the court with us in this new high school volleyball league in Parkway and Rockwood! Includes practices and a 10-game schedule.

Grades 9-12

Practices start week of Aug. 20

10-match Saturday schedule starts Sept. 8

\$105 | \$125 after Aug. 5

ADULT TENNIS

Tennis Clinics

If you're looking to get some tips and improve your strokes a bit or fine-tune your skills for more competitive play, these clinics are for you! At all levels, fundamental stroke technique is developed, live play is emphasized and singles and doubles positioning is evaluated. More experienced players will focus on advanced technical shots and match strategy. Movement and fun are major class components. Offered in partnership with Vetta Sports.

Ages 18+ | Saturdays | Starts Sept. 8

6 sessions | 11 a.m.-12 p.m.

Lafayette or Parkway South High | \$89

ADULT VOLLEYBALL

Co-Ed Recreational Volleyball League

Get a group of friends together and spend your Friday evenings having fun playing volleyball. Must register as a team, no individual sign-ups.

Ages 18+

Fridays | Starts Sept. 7 | 8 matches

7 or 8:30 p.m. | Selvidge MS | \$135/team

Tuesdays | Starts Sept. 4 | 8 matches & playoff

6:30, 7:30 or 8:30 p.m. | R. Meadows Elem. | \$180/team

Co-ed Volleyball Open Play

Don't have a team? No problem! Join us and meet new people while having fun playing volleyball. Register as an individual and get placed on a team each week. All skill levels welcome.

Ages 18+

Wednesdays | Starts Sept. 12 | 10 weeks

7:30-9:30 p.m. | Parkway North High | \$55



Looking for a fun way to learn and play volleyball? Join this league to develop fundamental skills through practices and match competition. The league includes practices and a 10-game schedule. Sign up by team or individually.

Grades 3-8
Practices begin week of Aug. 20
Saturday matches start Sept. 8
\$125



Try Something New

BADMINTON

Badminton

Learn to play the fastest racket sport in the world! Improve skills through drills and instruction for first 60 minutes then put practice into game play for last 30 minutes of each session. Experience playing on a dedicated professional indoor badminton court. Badminton Racket will be provided. Offered in partnership with Arch Badminton Center.

Grades 3-8 | Mondays

Session 1 | Starts Sept. 10 | 6 sessions

Session 2 | Starts Nov. 5 | 6 sessions

6-7:30 p.m. | Arch Badminton Center | \$99

BATON

Introduction to Baton Twirling

Experience the creativity, fun and excitement of baton twirling! Learn twirling skills in a high energy, positive format. Each student will need to purchase a properly fitted baton. Taught by Community Ed instructor Lisa Bartfeld.

Grades K-5

Wednesdays | 6:30-7:30 p.m.

Session 1 | Starts Aug. 29 | 6 sessions

Session 2 | Starts Oct. 17 | 6 sessions

Green Trails Elementary | \$69

Thursdays | 6:30-7:30 p.m.

Session 1 | Starts Aug. 23 | 6 sessions

Sessions 2 | Starts Oct. 4 | 6 sessions

Ellisville Elementary | \$69

CHEERLEADING

Cheer FUNDamentals

Cheer, dance, stunt and tumble as you build coordination and fitness. Learn a routine that incorporates the latest hip hop cheer moves and basic stunting while utilizing the tumbling skills you already know. The program concludes with a fun opportunity to perform for family and friends. Offered in partnership with Hi-NRG Gymnastics.

Tuesdays | Starts Sept. 4 | 8 sessions

Gr. K-2 | 6-6:50 p.m. | Gr. 3-5 | 7-7:50 pm

Kehrs Mill Elementary | \$119

Thursdays | Starts Sept. 27 | 8 sessions

Gr. K-2 | 6-6:50 p.m. | Gr. 3-5 | 7-7:50 pm

Hanna Woods Elementary | \$119

FENCING

Junior Fencing Program

Improve your speed, strength, skill and strategic thinking and try a great new sport like fencing! In this beginner's class, you will learn basic footwork and blade work. Session will culminate with a class tournament. Offered in partnership with Parkway Fencing Club.

Ages 10-14

Wednesdays | Starts Sept. 12 | 6 Sessions

6:30-8 p.m. | Ellisville Elementary | \$135

Thursdays | Starts Sept. 20 | 6 Sessions

6:30-8 p.m. | Green Trails Elementary | \$135

GYMNASTICS

Preschool Gymnastics

Does your child enjoy fast paced movement and tumbling? If so, this program is for you. Children cultivate coordination, agility, strength and balance while learning fun, new skills. We'll use rings, beams, mats of all shapes and sizes, spring boards, bars and agility-balanced obstacles. Offered in partnership with Hi-NRG Gymnastics.

Ages 3-6 | 6-6:50 p.m. | 8 sessions | \$119

Tuesdays | Starts Sept. 4 | Craig Elem.

Wednesdays | Starts Sept. 5 | Hanna Woods Elem.

Thursdays | Starts Sept. 6 | Kehrs Mill Elem.



These popular classes are now offered on 3 nights in 3 locations!

Ninja Obstacle and Gymnastics

Join us for all the fun and benefits of gymnastics combined with ninja obstacles as seen on TV. Obstacles are designed with the young athlete in mind and will challenge your upper body strength, balance and coordination. Offered in partnership with Hi-NRG Gymnastics.

Ages 7-10 | 7-7:50 p.m. | 8 sessions | \$119

Tuesdays | Starts Sept. 4 | Craig Elem.

Wednesdays | Starts Sept. 5 | Hanna Woods Elem.

Thursdays | Starts Sept. 6 | Kehrs Mill Elem.



Try Something New

LACROSSE

Intro to Lacrosse

Have fun and give lacrosse a try without having to make a big commitment. Young boys and girls will learn and practice for about 45 minutes and then put skills into action with 30 minutes of game play. Offered in partnership with Mo LAX.

Grades 1-3 | Saturdays | Starts Sept. 8 | 9-9:50 a.m.
Crestview Middle | \$79

Developmental Lacrosse

Learn basic fundamentals of cradling, catching, throwing and shooting through exciting drills, mini-games and scrimmages. Players will learn about lacrosse positions, field, penalties and more about the game. Offered in partnership with Mo LAX.

Grades 4-6 | Saturdays | Starts Sept. 8 | 10-10:50 a.m.
Crestview Middle | \$79

Lacrosse Game Training

New program includes fun line drills that will involve physical gameplay scenarios while learning defensive & offensive movements. The 4v4 scrimmages will allow for quick action and lots of touches for each player. Offered in partnership with Mo LAX.

Grades 6-8 | Sundays | Starts Sept. 9 | 11 a.m. - 12:15 p.m.
Lafayette High Turf Field | \$99

ALL NEW!
On High
School Turf
Field

SPECIALTY

Elite Sports Performance

Improve your mental preparation, speed, explosion, agility, strength, fitness and conditioning. You'll be challenged in a great atmosphere that will help you learn, maximize performance and achieve peak condition. Offered in partnership with Athletes Global.

Grades K-5 | Wednesdays | Starts Sept. 5
6 sessions | 7-8 p.m. | Fairway Elem. | \$89

Multi Sports Skills Training

Get in the game with a taste of basketball, soccer, flag football as well as performance training. Experience sport specific and performance training to improve overall skills. Offered in partnership with Athletes Global.

Grades K-5 | Wednesdays | Starts Sept. 5
6 sessions | 6-7 p.m. | Fairway Elem. | \$89

MARTIAL ARTS/SELF DEFENSE

Karate

Develop confidence, self-control and a calmness while learning self-defense and having FUN! Black belt instructor encourages rather than intimidates, and teaches hand/foot techniques including throws and breaking free from an attacker or bully. Stressed as a martial art rather than a competitive sport. Offered in partnership with Arch Shidokan Karate.

Tiny Tigers | Ages 4-6 | 6-6:50 p.m.

Mondays | 6 sessions | Ross Elem. | \$79
Starts Sept. 10 and Oct. 29

Tuesdays | 6 sessions | Selvidge Middle | \$79
Starts Sept. 11 and Oct. 30

Kids Karate | Ages 7-13 | 7-7:50 p.m.

Mondays | 6 sessions | Ross Elem. | \$79
Starts Sept. 10 and Oct. 29

Tuesdays | 6 sessions | Selvidge Middle | \$79
Starts Sept. 11 and Oct. 30

Intermediate Karate | Ages 14+ | 6-7 p.m.

Wednesdays | 6 sessions | Parkway South Middle
Starts Sept. 12 and Oct. 24

Women's Night of Self Defense

Learn to defend in a variety of dangerous situations with confidence, self-control and a calmness while learning realistic techniques to break free from an assailant, using momentum and leverage to prevail in seemingly indefensible situations regardless of size or strength. Enhance timing, reflexes, balance and coordination while having FUN! Offered in partnership with Arch Shidokan Karate.

Ages 18+

Thursday | Sept. 27 | 6-9 p.m. | Selvidge Mid. | \$25
Thursday | Oct. 18 | 6-9 p.m. | Ross Elem. | \$25

WINTER SPORTS

Learn to Ski/Learn to Snowboard

Winter fun is just minutes away! Our learn to ski and snowboard lessons are great for beginners or those just getting tuned up for a ski trip. Lessons for first 2 weeks then 2 sessions to test out your skills. Sessions offered Tuesdays, Wednesdays or Thursdays.

Starts week of Jan. 7, 2019 | Hidden Valley Ski Resort

Learn to Ski | Ages 8-Adult | \$184

Learn to Snowboard | Ages 12-Adult | \$199



Rockwood Thunder Volleyball Club

Rockwood Thunder Volleyball Club is a competitive co-ed club with the largest girls contingent in the Gateway Region of USA Volleyball. Coaches stress individual skills for player development and values such as teamwork, commitment and sportsmanship. In 2017, US Club Rankings rated Rockwood Thunder 11th in the nation, 1st in Missouri and 1st in the Gateway Region. *Team tryouts and programs are open to athletes throughout the St. Louis region. Visit www.rockwoodthundervbc.com for more information.*



Volley Totz

A seven-class introductory program for boys and girls that focuses on fun, basic volleyball technique, hand-eye coordination and more.

Ages 5-7 | Wednesdays | Jan. 9 - Feb. 27 | 5-6:15 p.m.
Parkway West Middle | \$99 | *Registration opens October 26*

U8 Program

This eight-class program focuses on more intensive technical skill development, footwork, core strength and agility. Teamwork, discipline and work ethic will be developed through mini-games.

Ages 7-8 | Mondays | Dec. 10 - March 11 | 5-6:15 p.m.
Crestview Middle | \$155 | *Registration opens October 26*

U9 Program

This 10-class program centers on motor skill development, with hand-eye technical skill development, and an introduction to game play. Foundations of teamwork, gamesmanship, and work ethic will be addressed through mini-games and scrimmages.

Ages 8-9 | Thursdays | Dec. 6 - March 21 | 5-6:15 p.m.
Crestview Middle | \$189 | *Registration opens October 26*

U10 Program

Build your technical proficiency while emphasizing a progression toward competitive game play. Development of accountability and practice habits will be fulfilled as teams compete in in-house tournaments as well as the regional U10 tournament. Select the location that works best for you.

Ages 9-10 | Starts week of Nov. 12 | 12 sessions
Mondays | 4:45-6:15 p.m. | Crestview Middle
Wednesdays | 4:45-6:15 p.m. | Parkway West MS
Thursdays | 4:45-6:15 p.m. | Crestview Middle
\$275 | *Registration opens October 26*

Ages 9-10 | Starts week of Jan. 9 | 10 sessions
Wednesdays | 6:30-8 p.m. | Oakville High
\$225 | *Registration opens October 26*



No tryouts are required for the U8-U10 Rockwood Thunder instructional programs and are a great way to improve your game no matter your level.

U10-U18 Competitive Teams

A competitive program where teams are formed and divided by age and skill level. Teams compete in multiple tournaments during the season both in and out of state.

TRYOUT INFORMATION

Boys U10-U18

Sept. 28-30
Rockwood Admin Annex

Girls U10-U14

Oct. 26-28
Crestview Middle

Girls U15-U18

Nov. 16-18
Crestview Middle

Tryouts are open to all athletes who meet the Gateway age requirements. Tryout times will be determined in early September and posted online at www.rockwoodthundervbc.com. Online registration is preferred. Walk-ins welcome.

Tryout fee is \$20 per player.



Rockwood Thunder Volleyball Club

Pre-Season Volleyball Skills Clinics

For boys and girls interested in working on specific skills. Club coaches conduct the clinics and work individually with each athlete.

All clinics held at Crestview Middle School or the Rockwood Admin Annex.

Ages U10-U12			
Clinic	Date	Time	Fee
Attacking	Sept. 12	6-7:30 p.m.	\$40
Defense	Sept. 17	6-7:30 p.m.	\$40
All Skills	Sept. 19	6-7:30 p.m.	\$40
Game Night	Sept. 26	6-7:30 p.m.	\$40
Setting	Oct. 17	6-7:30 p.m.	\$40
Serve/ Serve Receive	Oct. 22	6-7:30 p.m.	\$40
Game Night	Oct. 25	6-7:30 p.m.	\$40

Ages U13-U14			
Clinic	Date	Time	Fee
Attacking	Sept. 12	7:45-9:15 p.m.	\$40
Defense	Sept. 17	7:45-9:15 p.m.	\$40
All Skills	Sept. 19	7:45-9:15 p.m.	\$40
Game Night	Sept. 26	7:45-9:15 p.m.	\$40
Setting	Oct. 10	6-7:30 p.m.	\$40
Serve/ Serve Receive	Oct. 22	7:45-9:15 p.m.	\$40
Game Night	Oct. 25	7:45-9:15 p.m.	\$40

Ages U15-U18			
Clinic	Date	Time	Fee
Defense	Nov. 1	6-8 p.m.	\$45
Attacking	Nov. 5	6-8 p.m.	\$45
Complete Volleyball Athlete	Nov. 7	6-8 p.m.	\$45
Game Night	Nov. 14	6-8 p.m.	\$45

REGISTER ONLINE

To register for Rockwood Thunder Volleyball programs, classes, clinics and tryouts visit

www.rockwoodthundervbc.com



Pre-Season Volleyball Camp

For boys and girls interested in preparing for Gateway Region club tryouts. This intense, two-hour, three-day camp under the leadership of Club Director Gretchen Moser and Club coaches will provide the type of experience athletes will encounter at club tryouts. Maximum of 100 campers.

Ages U10-U12 | Oct. 8-10

Ages U13-U14 | Oct. 15-17

7-9 p.m. | Crestview Middle | \$95

Open Clinics

Open clinics give players the opportunity to practice and work on skills outside of scheduled practices. All open gyms are supervised by Club coaches and are available throughout the year. Visit www.rockwoodthundervbc.com for schedule. Open clinics cost \$10 per player and are held at Crestview Middle School.

Register online or walk-ins welcome.

Sept. 30

U10-U11 | 4-5:30 p.m.

U12 | 5:45-7:15 p.m.

U13 | 7:30-9 p.m.

October 7

U10-U11 | 4-5:30 p.m.

U12 | 5:45-7:15 p.m.

U14 | 7:30-9 p.m.

October 14

U10-U11 | 4-5:30 p.m.

U13 | 5:45-7:15 p.m.

U14 | 7:30-9 p.m.

October 21

U12 | 4-5:30 p.m.

U13 | 5:45-7:15 p.m.

U14 | 7:30-9 p.m.

October 28

U16 | 4-5:30 p.m.

U15 | 5:45-7:15 p.m.

U17-U18 | 7:30-9 p.m.

November 4

U15 | 4-5:30 p.m.

U16 | 5:45-7:15 p.m.

U17-U18 | 7:30-9 p.m.

November 11

U17-U18 | 4-5:30 p.m.

U16 | 5:45-7:15 p.m.

U15 | 7:30-9 p.m.



Rockwood Thunder is the premier volleyball club in the area. Learn more at rockwoodthundervbc.com.



Get Out and Play On the Field & Links

OUTDOOR SOCCER

Soccer All Stars League

This co-ed league introduces children to the basic skills of soccer through fun, instructional games. Each week, players will practice and learn for about 30 minutes followed by 30 minutes of game play. Teams will be formed where volunteer coaches are needed; coaching training and resources provided.

ALL NEW!
Includes
Shirt & Ball!

Ages 3-4 and 5-6

Saturdays | Starts Sept. 8 | 6 sessions | \$89

One-hour sessions will start between 9-11 a.m.

Green Trails, Ridge Meadows and Woerther Elem.

Developmental Soccer Program

Take your game to the next level in this engaging camp! Boys and girls will learn proper technique, improve individual ball skills, participate in team building exercises and gain confidence on the ball. Campers receive a t-shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Saturdays | Starts September 8 | 7 sessions

Gr. 1-2 | 9-10:15 a.m.

Gr. 3-5 | 10:30-11:45 a.m.

Parkway South Middle | \$109

GOLF

Youth Golf Clinics

Our youth golf clinics are perfect for youngsters who are brand-new to golf or who are looking to improve their game as they'll learn from award winning Golf Channel Academy Maria Palozola's talented staff of St. Louis Golf Lessons about driving, iron play, and short game.

Grades 1-5

Saturdays | Starts Sept. 8 | 9-9:45 a.m.

5 sessions | The Landings at Spirit Golf Club | \$99

Junior and Adult Golf Clinics

Want to learn the game of golf or simply improve your skills? Learn from award winning Golf Channel Academy Maria Palozola's talented staff of St. Louis Golf Lessons about driving, iron play, and short game.

Ages 13 - Adult

Saturdays | Starts Sept. 8 | 10-10:45 a.m.

5 sessions | The Landings at Spirit Golf Club | \$99

INDOOR SOCCER/FUTSAL

Indoor Soccer/Futsal League and Training Clinics

Can't get enough soccer?

Brand-new format includes Wednesday or Friday evening training sessions with drills on individual ball skills, team-building exercises and building self-confidence one day a week. Then put your skills into action in Sunday games. Includes T-Shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Grades K-5

Fall Session

Training Clinics

Wednesdays | Starts Nov. 14 | 7 sessions

4:30-5:25 p.m. or 5:30-6:25 p.m.

Vetta Manchester

or

Fridays | Starts Nov. 16 | 7 sessions

6-6:55 p.m. or 7-7:55 p.m. | St. Louis Soccer Park

Games

5-game schedule starts Sunday Nov. 18 at Parkway West Mid., Parkway South Mid., and Rockwood South Mid.

Winter Session

Training Clinics

Wednesdays | Starts Jan. 16 | 7 sessions

4:30-5:25 p.m. or 5:30-6:25 p.m.

Vetta Manchester

or

Fridays | Starts Jan. 18 | 7 sessions

6-6:55 p.m. or 7-7:55 p.m. | St. Louis Soccer Park

Games

5-game schedule starts Sunday Jan. 20 at Parkway West Mid., Parkway South Mid., and Rockwood South Mid.

\$219/session for League and Clinics

\$135/session for just Clinics



Don't let the cold weather keep you from playing soccer! Check out our Futsal Training League.

Exercise Classes with Julie

ADULT FITNESS CLASSES

Ballet Barre Sculpting

Have you ever wanted the sculpted body of a dancer? If so, then this class is for you. Come learn the exercises dancers use to tone, sculpt and strengthen arms, legs, back and stomach. In addition to strength, the exercises you learn will help improve posture and increase flexibility in a low impact way that requires no dance experience. Men and women are welcome.

Ages 18+

Wednesdays | Starts Sept. 12 | 10 sessions
7-8 p.m. | Sorrento Springs Elementary
\$65 | \$32.50 Gold Card/Golden Key Card

Boot Camp

Jumpstart your exercise program as we focus on toning, flexibility and calorie burning. Learn exercises that stem from dance, Pilates, strength training and other fitness programs. The class will mostly be low impact and will be adjusted to fit each individual's fitness level.

Ages 18+

Mondays | Starts Sept. 10 | 10 sessions
8-9 p.m. | Hanna Woods Elementary
\$65 | \$32.50 Gold Card/Golden Key Card

Core Strengthening

Work your abs in every way possible targeting your core and improving strength, flexibility, and everyday health.

Ages 18+

Wednesdays | Starts Sept. 12 | 10 sessions
8-8:30 p.m. | Sorrento Springs Elementary
\$39 | \$19.50 Gold Card/Golden Key Card

Stretching and Flexibility

Stretch, strengthen and align your body with this fitness class! Come join us to increase flexibility to make everyday chores easier. Work at your own pace and progress at a comfortable pace. Within a few weeks you will see the difference stretching can have on the daily course of your life and overall health.

Ages 18+

Tuesdays | Starts Sept. 11 | 10 sessions
7-8 p.m. | Wren Hollow Elementary
Thursdays | Starts Sept. 13 | 10 sessions
7-8 p.m. | Parkway Central High
\$65 | \$32.50 Gold Card/Golden Key Card

ABOUT THE INSTRUCTOR

Community
Ed fitness
instructor
Julie Williams
has been
teaching
dance and
fitness classes
for more than



15 years and has had more than 20 years of training. She was the first person in the state of Missouri to be certified to teach all types of dance and fitness classes.

ZUMBA

Advanced Zumba

Want to take your love of Zumba to the next level? Learn more advanced steps and move a bit faster. Come move to the beat in this exercise class that helps strengthen muscles, promote weight loss and have fun!

Ages 18+

Mondays | Starts Sept. 10 | 10 sessions
7-8 p.m. | Hanna Woods Elementary
\$65 | \$32.50 Gold Card/Golden Key Card

Zumba

Move to the beat! Zumba is the exercise craze that combines aerobic workout, high energy and motivating music, with fun Latin dance steps and rhythms. This effective, high calorie burning workout is fun, easy to follow and requires no prior dance experience. Strengthen muscles, promote weight loss or just cut loose and have fun.

Ages 18+

Tuesdays | Starts Sept. 11 | 10 sessions
8-9 p.m. | Wren Hollow Elementary
Thursdays | Starts Sept. 13 | 10 sessions
8-9 p.m. | Parkway Central High
\$65 | \$32.50 Gold Card/Golden Key Card

Registration will be accepted via the following:

- Online at www.prcommunityed.org
- By phone at 636-891-6644
- By mail: Complete form on page 44





Namaste! Enjoy the Benefits of Yoga

YOGA FOR FAMILIES

Yoga for Families: A Taste of Yoga

Have fun and get fit participating with your child in a yoga class designed to improve flexibility, strength, and balance while enhancing focus and awareness. Parent must enroll and attend with their child.

Offered in partnership with Fitness With A Twist Inc., S. Womack, Ph.D., Iyengar Certified, RYT.

All ages | Mondays | Starts Oct. 29 | 6 sessions
6-6:50 p.m. | Parkway Central High
\$45 | *Gold Card/Golden Key Card does not apply*

My 10 year old son was extremely skeptical about taking a yoga class with mom. I sold the idea to him by pointing out how Yoga would improve his baseball game. After the first class he was completely sold.

-Gina M.
Past participants



Take time out from your busy schedule and reconnect with your child at our Yoga for Families programs!

Yoga for Families: A Taste of Yoga II

Building on the poses learned in "Yoga for Families: A Taste of Yoga" this class is designed to continue to improve flexibility, strength, and balance while enhancing focus and awareness. Parent must enroll and attend with their son/daughter. Offered in partnership with Fitness With A Twist Inc., S. Womack, Ph.D., Iyengar Certified, RYT.

All ages | Thursdays | Starts Nov. 1 | 6 sessions
6-6:50 p.m. | Parkway Central High
\$45 | *Gold Card/Golden Key Card does not apply*

YOGA FOR ADULTS

Slow Flow - Vinyasa Yoga

Unwind from your day with this vinyasa style yoga class accessible to all levels. The focus will be on breath guiding fluid movements through the postures to gently engage all muscle groups. Props will be available. Bring yoga mat, towel and water. Taught by Community Ed instructor Gina Caruso.

Ages 18+
Wednesdays | Starts Sept. 12 | 10 sessions
6-6:50 p.m. | Crestview Middle
\$65 | *\$32.50 Gold Card/Golden Key Card*

Vinyasa Flow Yoga

Connect movement to breath while developing strength and flexibility. Incorporate meditation and a series of postures to restore your body, mind and soul. Accessible for all levels with props available and variations to challenge more advanced practitioners as well. Taught by Community Ed instructor Gina Caruso.

Ages 18+
Mondays | Starts Sept. 10 and Oct. 29 | 6 sessions
6:15-7:10 p.m. | Sorrento Springs Elementary
\$39 | *\$19.50 Gold Card/Golden Key Card*

Wednesdays | Starts Sept. 12 | 10 sessions
7-7:50 p.m. | Crestview Middle Elementary
\$65 | *\$32.50 Gold Card/Golden Key Card*

Yoga

Improve your balance, flexibility, posture and stretching. You will concentrate on improving your physical health and mental well-being. Please bring your mats, towel, comfortable clothing and water bottles to each class. Offered in partnership with Athletes Global

Ages 18+
Thursdays | Starts Sept. 13 and Nov. 1
6 sessions | 7-8 p.m. | Rockwood Summit High

Wednesdays | Starts Sept. 12 and Oct. 31
6 sessions | 7-8 p.m. | Eureka Elementary

\$69 | *Gold Card/Golden Key Card does not apply*

Please note: Gold Card/Golden Key do not apply unless indicated. Dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.



Namaste! Enjoy the Benefits of Yoga

YOGA FOR ADULTS

Beginning Yoga

Experience the gift of yoga! Yoga benefits those of all ages—improving flexibility, strength, and balance. Practice can reduce stress, enhance mental clarity and awareness through a body-breath-mind connection. Offered in partnership with Fitness With a Twist.

Ages 18+

Wednesdays | Starts Sept. 12 | 6 sessions
6-7 p.m. | River Bend Elementary | \$69

Thursdays | Starts Sept. 13 and Nov. 1 | 6 sessions
7-8 p.m. | Parkway Central High | \$69

“I am a trail runner, hiker, and have done Pilates for over 15 years and nothing has made me feel as good as I do after this yoga class. I had been having pain to my right hip for the past two years and my doctor told me I needed to stretch more so I thought this class would help. I got more than I bargained for because the pain is gone and I feel great, not just my hip, but everywhere. The greatest thing about this class is ANYONE can do it. The instructor is fantastic! She modified the poses to fit the person. Everyone in the class received personal instruction no matter what their ability.”

— Karen S.
Past Beginning Yoga Participant

Continuing Yoga

For students with prior yoga experience, continue to build on your skills to increase flexibility, strength, balance and awareness while calming your mind through breathing techniques. Offered in partnership with Fitness With a Twist Inc., S. Womack, Ph.D., Iyengar Certified, RYT.

Ages 18+

Mondays | Starts Sept. 10 and Oct. 29 | 6 sessions
7-8:30 p.m. | Parkway Central High | \$85

Wednesdays | Starts Sept. 12 | 6 sessions
7-8:30 p.m. | River Bend Elementary | \$85

Vinyasa Yoga

Gradual progression of poses that target muscles and leads to a dynamic and challenging flow from posture to posture. It is a connection of mind, body and spirit that incorporates different types of poses. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+

Tuesdays | Starts Sept. 11 and Oct. 30 | 10 sessions
7-8 p.m. | Ellisville Elementary
\$39 | \$19.50 Gold Card/Golden Key Card

Yin Yoga

This slower paced yoga targets the connective tissues such as ligaments, bones and joints. Yin cultivates awareness of inner silence, a mindfulness meditative type of yoga. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+

Tuesdays | Starts Sept. 11 and Oct. 30 | 6 sessions
6-7 p.m. | Ellisville Elementary
\$39 | \$19.50 Gold Card/Golden Key Card

Restorative Yoga

Restorative yoga is a practice that leads you toward a more healing and recuperative experience, introduces a wonderful benefit to the body, mind, and heart, an opportunity for a deeper level of relaxation. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+

Mondays | Starts Sept. 10 and Oct. 29 | 6 sessions
6-7 p.m. or 7-8 p.m. | Ellisville Elementary
\$49 | \$24.50 Gold Card/Golden Key Card



If you've ever thought about giving yoga a try, we have a program for you! You'll love the welcoming environment of our classes.



Take Time For Mind and Body

TAI CHI

Beginning Tai Chi

Learn basic Tai Chi movements and the first part of the Yang style 24 form. The practice of Tai Chi has been shown to improve muscle strength, flexibility and balance, as well as reduce stress. For this low impact class, wear comfortable clothing and flat shoes.

Ages 18+

Mondays | Starts Sept. 10 | 10 sessions

5:25-6:25 p.m. | Parkway West High

\$65 | \$32.50 Gold Card/Golden Key Card

Continuing Tai Chi

For students who have taken the beginning Tai Chi class, we will continue to explore the gentle movements through focus on learning the Modified Yang 24 Form.

Ages 18+

Mondays | Starts Sept. 10 | 10 sessions

6:30-7:30 p.m. | Parkway West High

\$65 | \$32.50 Gold Card/Golden Key Card

Advanced Tai Chi

For students who have learned the entire 24 form and wish to refine their practice.

Ages 18+

Mondays | Starts Sept. 10 | 10 sessions

7:35-8:35 p.m. | Parkway West High

\$65 | \$32.50 Gold Card/Golden Key Card

ABOUT THE INSTRUCTOR

Community Ed fitness instructor Wendy Carter Richards has been studying and practicing tai chi for more than 10 years

and teaching for more than 5 years. Wendy studied Yang style tai chi with Leonard Bissa. She currently studies Wudang tai chi with Tim Bruewer, Director - St Louis Daoist Association.



MEDITATION

Meditation

Meditation - it's good for everyone! Meditation can enhance mental clarity, bring emotional balance, increase focus, develop a relaxed attitude through increased awareness, and slow body mechanisms enhancing relaxation. It is a serious way to decrease stress, reduce anxiety, and other forms of discomfort. Discover breathing and meditation techniques, as taught by the Himalayan Masters, as we explore the basic steps to mindfulness meditation. Offered in partnership with Fitness With A Twist.

Ages 18+

Mondays | Starts Sept. 10 | 6 sessions

6-6:50 p.m. | Parkway Central High

\$59 | Gold Card/Golden Key Card Does Not Apply

ADULT FITNESS CLASSES

Core and Restore

Strengthen your entire core including both the abs and back. Class will also incorporate floor postures to stretch, open and release the entire body. Taught by Community Ed Instructor Gina Caruso.

Ages 18+

Mondays | Starts Sept. 10 and Oct. 29 | 6 sessions

7:15-8:10 p.m. | Sorrento Springs Elementary

\$39 | \$19.50 Gold Card/Golden Key Card

Zumba

Get ready to party yourself into shape! This exhilarating, easy-to follow, Latin-inspired, calorie-burning dance fitness-party will move YOU! A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Offered in partnership with Athletes Global.

Ages 18+

Wednesdays | Starts Sept. 12 and Oct. 31

6 sessions | 8-9 p.m. | Eureka Elementary

\$49 | Gold Card/Golden Key Card does not apply

Thursdays | Starts Sept. 13 and Nov. 1 |

6 sessions | 8-9 p.m. | Rockwood Summit High

\$49 | Gold Card/Golden Key Card does not apply



Offering Quality Care Since 1984

ADVENTURE CLUB

Adventure Club is a school-age care program that engages children in developmentally appropriate and enriching activities in an environment that supports independent choice guided by caring adults.

Before and After School Care

Available in all Parkway and Rockwood elementary schools, the Before and After School program provides children in grades K-5 with a safe, well-supervised and fun environment. The before school program begins at 6 a.m. in Parkway and 6:30 a.m. in Rockwood until the start of school. The after-school program runs from the end of the school day until 6 p.m. in both districts. The schedule includes a variety of indoor and outdoor activities, snack and homework help. Students enrolled in the Before and After School Care program also have the option to sign up for Holiday Adventure Club (additional fees apply).

“Adventure Club staff do a wonderful job organizing activities, games, and crafts before and after school. They take time to know the child and to make them feel included. I also appreciate that they reinforce the same expectations I have at home for staying organized, picking up after oneself, and being respectful to one another.”

Mary C.
Adventure Club Parent

Early Dismissal Care

Rockwood Schools Only

Adventure Club provides care for families on days when the Rockwood School District schedules early dismissal from school.

Late Start Care

Parkway Schools Only

Adventure Club provides care for families on days when the Parkway School District schedules late start mornings.

For schedules, fees and to register online, visit www.prcommunityed.org or call 636-891-6675 for more information.




AdventureClub

Now Hiring

Before & After School Positions at 37 Elementary Schools!

Great Work Environment,
Great Benefits, Great Job!

Are you looking for a part-time job to earn some extra money? Do you know a college student or adult looking for a job that will work around their schedule? Check out all these benefits of working with Adventure Club!

- Flexible hours with no nights or weekends
- Split shift bonus pay
- Paid time off for holidays, sick time, and perfect attendance pay
- Positions available in Parkway and Rockwood
- Impact lives of children every day
- Free child-care while you work (restrictions apply)
- Fun while you work!



To learn more or apply go to www.prcommunityed.org/adventureclub or email ACjobs@prcommunityed.org



Unleash the Dancer Within You

YOUTH DANCE

Hip Hop Dance

Do you love to dance and listen to great music? Come dance to the beat as we focus on different techniques and choreography with Hip Hop and Jazz. We will have a mini-recital for parents on the last day of class. Offered in partnership with Tippi Toes Dance Company.

Ages 6-11

Wednesdays | Starts Sept. 12 | 10 sessions
6:15-7:15 p.m. | Kehrs Mill Elementary | \$130



Get into the groove with us in one of our engaging and fun dance programs.

Ballet, Tap and Jazz Dance

Youngsters will get a taste of three types of dance using high-energy music. This is a great way to have fun and move while getting introduced into dance. Dancers may wear comfortable clothing or dance attire. Ballet slippers are preferred but not required. Offered in partnership with Tippi Toes Dance Company.

Ages 3-6

Mondays | Starts Sept 10 | 10 sessions
6:15-7:15 p.m. | Ross Elementary or Kehrs Mill
\$130

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.

ADULT DANCE

Ballroom, Latin and a Little Bit of Swing

Have a passion for dance and want to look like a professional? Want to learn something new with your significant other? Come join in the fun and learn new dances in this interactive dance class. Taught by Community Ed instructors Brian and Joan Lashley.

Ages 18+

Mondays | Starts Sept. 10 | 10 sessions
7:30-9 p.m. | Parkway West High
\$49 | Gold Card/Golden Key Card does not apply

Beginning Country Line Dancing

No need for a partner but bring your friends and have a lot of fun while getting great exercise! Learn basic line dances from beginning to intermediate; Electric Slide, Slapping Leather, River Waltz and many more. Taught by Community Ed Instructor Beth Goyer.

Ages 18+

Mondays | Starts Sept. 10 | 10 sessions
6-7:30 p.m. | Parkway West Middle
\$59 | \$29.50 Gold Card/Golden Key Card

Intermediate Country Line Dancing

If you love to country line dance and already took the beginner class then this is the place for you! Learn Wild Stallion, Rockin' the Wagon Wheel, Boot Scootin' Boogie and many more. Taught by Community Ed Instructor Beth Goyer.

Ages 18+

Wednesdays | Starts Sept. 12 | 10 sessions
6-7:30 p.m. | Parkway West Middle
\$59 | \$29.50 Gold Card/Golden Key Card



Dance and have a great time in one of our adult classes. There's something for everyone.



Find Your Inner Musician

YOUTH MUSIC

Parkway-Rockwood Intermediate Honor Orchestra

Join this premier orchestra for Parkway and Rockwood students in grades 4–8 that provides an outstanding orchestral opportunity for students wishing to further their music education.

Rehearsals begin October 8 at Crestview Middle School from 4:30–6 p.m. Attendance at rehearsal is mandatory.

Auditions will be held October 1 and 2 at Crestview Middle School from 4–7 p.m.

To learn more and schedule an audition, visit www.prcommunityed.org/vpa.

\$145 | Payable after acceptance into program

“Honor Orchestra was a wonderful opportunity for my daughter who plays the viola. She enjoyed meeting other orchestra students, learning new music, and increasing her playing ability!”

Kalley R.
Honor Orchestra Parent

Show Choir

Show Choir is back in Community Ed! Come join us to learn, prepare and perform popular music (and some classical), as well as different vocal techniques, and the basics of being in a choir. Students learn how to add text interpretation, facial and body expression, and many performance skills to songs as well, and will have a concert that all are welcome to attend at the end of the semester. Led by Community Ed Instructor Daniel Cogan.

Grades 3–8

Mondays | Rehearsals Start. Sept 17 | 12 sessions
Beginner | 5:30–7 p.m.

Intermediate | 7–8:30 p.m.

Parkway West High | \$129 Payable after acceptance into program

Auditions are Sept. 10. **To schedule your audition visit www.prcommunityed.org/vpa.**

YOUTH AND ADULT MUSIC

Group Guitar

Create special memories as you learn the basics of playing the guitar, TOGETHER! This class is designed for one parent and one child to learn together and play together. Taught by Community Ed Instructor Paul Gregor.

Ages 12+ and adult

Wednesdays | Starts Sept. 12 | 8 Sessions
6–7 p.m. | Parkway NE Middle | \$49/person

Beginning Adult Singing

This class is designed to teach the fundamentals of singing and voice discovery in a fun-loving atmosphere. Through a highly interactive approach, the areas of posture, breath support, and resonance will be addressed. Participants will learn vocal exercises that help master healthy vocal technique. Repertoire will also be explored according to student's interests. Taught by Community Ed instructor Elizabeth Moss.

Ages 18+

Mondays | Starts Sept. 10 | 6:30–8 p.m. | 6 sessions
Mondays | Starts Oct. 29 | 6:30–8 p.m. | 6 sessions
Parkway West High School
\$89 | \$44.50 Gold Card/Golden Key Card

PERFORMING ARTS

Auditioning for the Inexperienced

Actors at any level get anxious about auditioning. Fear not – there are effective ways to make a strong impression with an auditor. We'll cover: selecting smart audition pieces, cold reading audition formats, and general audition techniques. No auditioning experience necessary, just a desire to work on those fears and to learn rubrics which can make a difference for you in casting. Taught by Community Ed Instructor Laura Fontana.

All Ages

Tuesday | Sept. 11 | 6–8 p.m.
Crestview Middle | \$19





Discover Your Creative Side

FAMILY ARTS

Pumpkin Decorating Party

Just in time for all the fun costumes and sweet candy! Come out together and enjoy making a pumpkin for your Halloween table. No messy carving with these pumpkins! Your child may choose to make a glittery pumpkin, a purple monster or whatever your mind can think of.

ALL
NEW

Grades K-5 and parent
Friday | Oct. 19 | 6-8 p.m.
Selvidge Middle | \$10 per person

Parent-Child Art

Back by popular demand! Explore the tools and techniques of a fine artist while having fun discovering the world of art with your child! Together as a team participate in different artistic media and techniques as we draw, paint, splatter and create while making lasting memories. Taught by a Community Ed instructor.

Grades K-5 and parent
Mondays | Starts Oct. 29 | 6 sessions
6-7 p.m. | Selvidge Middle | \$35 per person

Parent-Child Acrylic Painting

Release your creativity and learn to see with wonder! We will immerse ourselves in color and learn to paint with joy! This class is designed to equip students with skills to paint effortlessly. We will discuss materials, tools, techniques, composition, value and color theory. We will also focus on brush strokes, perspectives and design. We will apply the concepts learned to a canvas. Taught by Community Ed Instructor Laura Weinrich.

ALL
NEW

Grades K-5 and parent
Thursdays | Starts Nov. 1 | 6 sessions
6-7:30 p.m. | Crestview Middle
\$49 per person



Explore your artistic side and make time to spend together with your family in one of our fun family art programs.

Dine and Paint Night

Come show your creative side while enjoying some pizza and snacks. We will have a painter leading the program that parents can follow along with while the kids can choose to follow or show their own creative side. There will be refreshments and food for everyone to enjoy.

Grades 1-5 and parent | Friday | November 16
6-8 p.m. | Crestview Middle | \$10 per person

ALL
NEW

YOUTH ARTS

Madhubani Art - Indian Folk Art

Explore new forms of art! Students will learn Gond and Madhubani paintings. These styles of ancient Indian Folk art are inspired by nature. Students will use bright acrylic colors on different mediums (paper, canvas, wood) and will further develop their skills in painting intricate designs thru the course. Taught by Community Ed Instructor Gayathri Seetharaman.

ALL
NEW

Ages 12-18 | Thursdays | Starts Sept. 13 | 6 sessions
6-8 p.m. | Parkway Central High | \$89



Discover Your Creative Side

ADULT ARTS

Paper Crafting: Quilling

From rolling coils to shaping strands of paper, basic quilling techniques leave lots of room for creativity! Learn about all of the basic quilling methods and then get ready to create your own quilled art! We will learn how to use the coiled papers to embellish your cards, scrapbooking pages or mixed media designs, giving them dimension and flourish! Taught by Community Ed Instructor Laura Weinrich.

Ages 18+ | Mondays | Starts Sept. 10 | 6 sessions
6-7:30 p.m. | Rockwood South Middle | \$89

ALL
NEW

Drawing: Doodling and Sketchbooks

Drawing for you! This Open studio course would be fun for the whole family. Doodling techniques and Art Journaling will be presented. You will discover the joy of sketching and drawing every day. Taught by Community Ed Instructor Laura Weinrich.

Ages 18+ | Wednesdays | Starts Sept. 12 | 6 sessions
6-7:30 p.m. | LaSalle Springs Middle | \$89

ALL
NEW

Adult Acrylic Painting

Release your creativity and learn to see with wonder! We will immerse ourselves in color and learn to paint with joy! This class is designed to equip students with skills to paint effortlessly. We will discuss materials, tools, techniques, composition, value and color theory. We will also focus on brush strokes, perspectives and design. We will apply the concepts learned to a canvas. Taught by Community Ed Instructor Laura Weinrich.

Ages 18+
Thursdays | Starts Sept. 13 | 6 sessions
6-8 p.m. | Parkway Central High | \$89
Thursdays | Starts Nov. 1 | 6 sessions
1-2:30 p.m. | Ellisville Elementary | \$89

ALL
NEW

Mason Jar Fall Centerpieces

Looking for something to spice up your Thanksgiving table or just bring some fall decor into the home? Enjoy a night out with a friend or two as we create a Mason Jar Centerpiece Box! The class will include all the supplies necessary to create your very own Mason Jar Centerpiece. Taught by a Community Ed Instructor.

Ages 18+ | Wednesday | Nov. 14
6-8 p.m. | Rockwood South Middle | \$25

ALL
NEW

Mason Jar Winter Centerpieces

Looking for something to spice up your Holiday Party table or just bring some festive decor into the home? Enjoy a night out with a friend or two as we create a Mason Jar Centerpiece Box! The class will include all the supplies necessary to create your very own Mason Jar Centerpiece. Taught by a Community Ed Instructor.

Ages 18+ | Monday | Dec. 17
6-8 p.m. | Parkway Southwest Middle | \$25

ALL
NEW

Beginning Calligraphy

Here's your chance to create beautiful artistic lettering. Good handwriting is NOT a prerequisite! Learn to write in uncial (Celtic), one of the easiest to learn among the classic lettering styles and discover the wide world of the art of calligraphy. Taught by Community Ed instructor Cheryl Tefft.

Ages 18+
Wednesdays | Starts Sept. 12 | 10 sessions
6:30-8:30 p.m. | Parkway Northeast Middle | \$149

Please note: Gold Card/Golden Key Card do not apply unless indicated. Dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.





Connect With Your Child

DAUGHTER/PARENT EVENTS

Dancing Through the Decades

Break out your best costume from your favorite decade because we're turning back the clock for a night that will be totally radical! Join us for an evening of music, dancing and games.

Any Father and Daughter (Grades K-5)*
Friday, Nov. 2 | 6:30-8:30 p.m. | Selvidge Middle Advance (online): \$10 per person
At the door: \$25 per pair; \$15 for each additional daughter
**Dad can't make it? Any father figure is welcome (grandpa, uncle, etc.)*



Be sure to join us Nov. 2 for our annual Daddy-Daughter event.

American Girl Tea and Tutus

Come join us for our inaugural mother/daughter night event! Bring your American girl doll and have tea and cookies and make a tutu for your doll with your Mom.

Gr. 1-5 and Parent
Friday | Oct. 12 | 6 sessions
6-8 p.m. | Selvidge Middle
\$19/person

**Mom can't make it? Any mother figure is welcome (grandma, aunt, etc.)*



Mothers can enjoy a fun night out with their daughter Oct. 12.

ALL
NEW

FAMILY PROGRAMS

Parent-Child Chess

No matter your age, chess is good for your brain. You and your child can bond while learning chess from the National Champion En Passant Chess Club Staff. No chess experience is necessary for this class since the basic fundamentals will be taught to those that need them.

Higher level concepts and ideas will be taught to those that already have some chess knowledge. Chess Tournament rules and tournament play is also included in this class but is dependent on enrollment. Offered in partnership with Gabriel Boyd and En Passant Chess Club.

Grades K and up with Parent
Mondays | 6-7 p.m. | 6 classes per session
\$89/person

4 Different Sessions offered!

Starts Sept. 10 at Parkway West High
Starts Sept. 10 at Rockwood South Middle
Starts Oct. 29 at Parkway West High
Starts Oct. 29 at Woerther Elementary

“This program allowed two great experiences, learning chess and spending quality time with my grandson...priceless.”

- Jim N.
Past Participant

Minecraft for the Family

Minecraft is an awesome online sandbox where players create interesting new environments and go on adventures with the things they build. Parents and children will learn and have fun together in this new class! We will start basic with Creative and Survival modes and move to advanced subjects like Redstone, Traps, the End and the Nether, and more. Offered in partnership with EasyTech LLC.

Grades 1-5 and Parent
Thursday | Starts Sept. 13 | 6 sessions
6-7 p.m. | Parkway Central High | \$89 per person

Intro to Arabic Culture

Bring the whole family and learn about Arabic culture. Learn about Arabic language reading, writing and speaking as you get introduced to the Arabic culture (food, music, dance and more). We will use your different learning abilities to create a wonderful journey! Taught by Community Ed Instructor May Shiaa.

Gr. 1-5 and Parent
Wednesdays | Starts Nov. 7 | 6 sessions
6-7:30 p.m. | Parkway West Middle | \$49 per person

ALL
NEW



Fun and Enrichment

YOUTH PROGRAMS

Making Mighty Magicians

Would you like to write and perform your own magic show? You will make tricks as well as use supplies from a magic shop. With your new "magician name", tricks we learn and a stage, we are ready for the magic to happen! Taught by Community Ed Instructor Paul Gregor.

**ALL
NEW**

Gr. 4-6

Mondays | Starts Sept. 10 | 6 sessions
6-7 p.m. | Parkway Northeast Middle | \$49



Give the kids an evening of food, fun, enrichment and making new friends in Kids Night Out while you can have a date night.

Kids Night Out

Imagination will soar at our popular Kids Night Out Art Class! We'll snack on pizza and create new masterpieces as we use different mediums like drawing, painting, pastels and more. It's a great opportunity for parents to enjoy a night out while the kids are creating art. Taught by Community Ed Instructors.

**ALL
NEW**

Gr. K-5

Friday | Dec. 14 | 6-8:30 p.m.
Selvidge Middle | \$25

E-HOUR

For Current Parkway & Rockwood Elementary Students

Unleash your imagination while having a great time in E-Hour, our before/after school enrichment program. Learn a new hobby or skill without making a long-term commitment. Fun and educational programs include:

- Chess
- Broadway Stars
- Early Engineers
- Extraordinary Laboratory
- Golf
- Hip Hop Dance
- Little Vet School
- Magic
- NASA Academy of Space Explorers
- Soccer
- Tumbling
- And More!

E-Hour classes meet one day per week for six weeks during the following sessions:

Session 1: Starts in September
Session 2: Starts in October
Session 3: Starts in January
Session 4: Starts in March

Visit our website beginning August 1 for a list of classes at your child's school and to register.



E-Hour programs are offered at every elementary school in Parkway and Rockwood.

e-hour
ELEMENTARY • ENRICHMENT • EDUCATION



Learning Programs & Resources

DRIVER ED

Evening Driver Education Program

New Driver Ed vehicles recently purchased!

Forget the stress of teaching your teen to drive and leave it to the pros. Students will get prepared for the responsibilities of driving through classroom instruction and six hours of drive time. Students will receive a certificate for successful completion of this non-credit course.

Age 15 by September 4
Tuesdays & Thursdays
Starts September 4* | 12 sessions | 6-8 p.m.
Lafayette High | \$385

** Includes meeting for parents at first class.*

Age 15 by October 3
Wednesdays & Thursdays
Starts October 3 | 12 sessions | 6:30-8:30 p.m.
Rockwood Summit High | \$385

Drive time and in car observation is based on availability of the student and instructor.



Our Evening Driver Education Program is offered at Lafayette High and Rockwood Summit High.

Drive Time Only

Are you registered in the school year driver education program and looking for behind the wheel instruction and in-car observation? This program provides instructional drive time taught by certified Driver Education teachers. Schedules are flexible and based on the availability of the student and instructor.

\$49.50 per hour

NEW PROGRAMS FOR HOME SCHOOL STUDENTS

French for Kids

Come enjoy our fun and full immersive French class tailored for youth! Learn the basics of the French language as well as the culture and customs. Taught by Community Ed Instructor Mary Beth Schwartz.

Gr. 1-5
Wednesdays | Starts Oct. 31 | 6 sessions
1-2 p.m. | Ellisville Elementary | \$59

Spanish for Kids

Come learn a new language with us. We will focus on speaking and listening comprehension in common social and travel interactions. Basic grammar will be included. Explore customs of Spanish speaking countries and learn something new! Taught by Community Ed Instructor Thomas Halbert.

Gr. 1-5
Wednesdays | Starts Sept. 12 | 6 sessions
1-2 p.m. | Ellisville Elementary | \$59

Art for Kids

New for kids specifically that are home-schooled! Drawing for you! This Open studio course would be fun for the whole family. Doodling techniques and Art Journaling will be presented. You will discover the joy of sketching and drawing every day. Taught by Community Ed Instructor Laura Weinrich.

Gr. 1-8 | Thursdays | Starts Sept. 13 | 6 sessions
1-2:30 p.m. | Ellisville Elementary | \$59

TUTORCONNECTION

TutorConnection connects certified Parkway and Rockwood teachers and professionals with parents who are looking for private, fee-based tutoring for their children at a Parkway or Rockwood location.



Registration: Registration opens online September 6. View a list of tutors available by school location, select a tutor who meets your availability, choose a package of tutoring minutes and get started! One-on-one and small group tutoring options are available.

Fee: \$49.50 per hour, with a two-hour minimum purchased required. Tutoring time can be used in any combination of 15-minute increments.



We've Got Something For You

Beginning Guide to Social Media and Its Effects on Your Child's Wellness

Have you ever felt like the world of social media was just too daunting? Come hear author and professor Julie Smith describe all the things you don't know that you don't know about the digital world in which our kids are living. Julie's talks are fast, funny and informative. You'll leave with some great questions to ask your child as well as information - and information is power. This will be one hour well worth your time.

**FREE
PARENT
EVENT**

Ages 18+

Wednesday | Oct. 3 | Parkway Central Middle

Wednesday | Feb. 27 | Crestview Middle
7-8 p.m. | FREE

Mastering Your iPhone

Learn to use the Apple iPad and iPhone. Gain a higher level of understanding and enjoyment with your mobile devices! This class will help you get comfortable using your phone or tablet. Get the most out of the powerful built-in apps including Calendar, Contacts, Siri, E-mail, Texting, Facetime, Safari (internet), iBooks, Maps/GPS, and more! We will also talk about apps. Taught by Community Ed Instructor Laura Weinrich.

**ALL
NEW**

Ages 18+

Tuesday | Sept. 19 | Selvidge Middle

Wednesday | Oct. 3 | Parkway Northeast Mid.

Monday | Oct. 29 | Parkway Central High

Wednesday | Nov. 14 | Rockwood South Mid.
6-7:30 p.m.

\$25 | \$12.50 Gold Card/Golden Key Card

Podcasts

Are you an Auditory Learner? Like hearing stories and new ideas? Podcasts are audio-only programs available on the Internet. From Science to Social Issues, they cover an amazing number of topics and, more often than not, are available for low or no cost. Taught by Community Ed Instructor Greg Krumrey.

**ALL
NEW**

Ages 18+

Thursday | Nov. 1 | 7-8 p.m. | Parkway Central High

\$25 | \$12.50 Gold Card/Golden Key Card

Thinking of Beekeeping?

Explore the world of honeybees and see what the "buzz" is all about. Take a peek at this fascinating hobby and learn the basics! Taught by Community Ed Instructor Hazel Raishelle H. Day.

**ALL
NEW**

Ages 18+

Monday | Sept. 10 | 6-8 p.m. | Lafayette High

Monday | Oct. 29 | 6-8 p.m. | Crestview Middle
\$35 | \$17.50 Gold Card/Golden Key Card

Beginners Spanish

Want to try a new language and don't know where to start? We will focus on speaking and listening comprehension in common social and travel interactions. Basic grammar will be included. Explore customs of Spanish speaking countries and learn something new! Taught by Community Ed Instructor Thomas Halbert.

Ages 18+

Thursdays | Starts Nov. 1 | 6 sessions

6-7:30 p.m. | Parkway Southwest Middle
\$59 | \$29.50 Gold Card/Golden Key Card



Learn to Be a Community Ed Instructor

Monday | September 17 | 6-7 p.m.
Ellisville Elementary

Have a passion for teaching or a hobby? Learn how you can share it with our community and make money. Meet with our staff about class ideas and to answer any questions you might have to be a Community Ed instructor.





See What's Cookin' in the Kitchen

Beginner Sourdough Starter

Always wanted to learn to make sourdough bread? In this class you will learning to make and knead your dough. We'll also be trouble shooting, learn how to correct these mistakes! We will also be baking focaccia with both savory and a filled bread. You'll be getting a sourdough starter that is said to be one of the oldest ever. It dates back to the Pyramids. Taught by Community Ed instructor Jane Campbell.

Ages 18+ | Tuesday | September 18
6-8 p.m. | Parkway Southwest Middle
\$29 | \$14.50 Gold Card/Golden Key Card

Exploring Vegetarian Cooking

Are you considering a vegetarian or vegan lifestyle? Or just looking for meatless options for your dinner table? This class will prepare several flavorful, healthy vegetarian and vegan main dishes to enjoy. Taught by Community Ed Instructor Kathleen Robbins.

Ages 18+ | Wednesday | September 19
6-8 p.m. | Rockwood South Middle
\$29 | \$14.50 Gold Card/Golden Key Card

Chili Night

Prepare for the fall's cooler weather with some classic and creative chili recipes. Participants will prepare and sample a variety of chili, both meat and vegetarian. Taught by Community Ed Instructor Kathleen Robbins.

Ages 18+ | Tuesday | October 2
6-8 p.m. | Parkway Southwest Middle
\$29 | \$14.50 Gold Card/Golden Key Card

Let's Make Sourdough Flatbreads & more!

In this class we will be making sourdough focaccia bites, sourdough pizza, sourdough raspberry lemon muffins, sourdough cookies. Then we'll discuss different ways to use up your discard starter. Taught by Community Ed Instructor Jane Campbell

Ages 18+ | Tuesday | October 16
6-8 p.m. | Parkway Southwest Middle
\$29 | \$14.50 Gold Card/Golden Key Card



There's always something cooking with Community Ed. We've got quite a menu of cooking classes coming up.

Date Night Cooking Night

Get ready for a fun date night in the kitchen! Bring your partner and a big appetite, and enjoy working together to prepare a multi-course dinner. Taught by Community Ed Instructor Kathleen Robbins

Ages 18+ | Friday | November 9
6-8 p.m. | Crestview Middle
\$29* | \$14.50* Gold Card/Golden Key Card
**Price is per person*

Getting Ready For the Holidays

Holidays are coming, we'll be baking up a storm with cookies! Cream cheese, shortbread, chocolate, fruit, coffee and more flavors will be made. Please bring a plate to take home your sample cookies. Learn tips from the pros to make your cookie platter presentation the talk of this holiday season. Taught by Community Ed Instructor Jane Campbell.

Ages 18+ | Tuesday | November 13
6-8 p.m. | Parkway Southwest Middle
\$29 | \$14.50 Gold Card/Golden Key Card

Homemade Food as Holiday Gifts

With the holidays around the corner, participants will leave this class with ideas for sharing culinary treats with family and friends. This hands-on class will prepare several recipes that are perfect for sharing, and will also discuss ways to package the foods. Possible recipes include sweet and salty nuts, herbed crackers, and spice blends. Taught by Community Ed Instructor Kathleen Robbins.

Ages 18+ | Tuesday | December 4
6-8 p.m. | Parkway Northeast Middle
\$29 | \$14.50 Gold Card/Golden Key Card



One-Day Adventures with Linda

All motorcoach tours are led by Linda Koenig from Gateway Tours and meet at the Parkway Admin Building: 455 N. Woods Mill Rd., Chesterfield, MO 63017.

Gold Card/Golden Key Card does not apply to trips.

Churchill & Serenity Valley Winery

Get away on a late-summer day of relaxation, history, wine and shopping. Visit the 12th century church, redesigned by Christopher Wren in 1677, and left in ruins by a German bomb during World War II. Enjoy a generous and delicious buffet lunch in Westminster College cafeteria. Visit the beautiful Serenity Valley Winery, where we'll enjoy both the views and an included wine tasting. Enjoy an amazing visit to Crane's Country Store at Williamsburg, MO.

Ages 18+ | Thursday | Aug. 16

9 a.m. - 5 p.m. | Check in at 8:30 a.m. | \$89

I have been on 5 of Linda Koenig's day trips. She is a walking encyclopedia with fun truths about people and sites!

- Carol P.
Past Participant

Hermann German Fest Time

In late September we will visit Hermann to learn about its history and culture while enjoying food and wine. Visit the Hermann Farm Museum, offering a trip back in time to see how the first German immigrants lived and farmed after arriving in the Hermann Valley in 1837. Enjoy a delicious German lunch at the Hermann Wurst Haus. Visit the Hermannhoff Winery for included samples and a tour of their most-interesting cellars.

Ages 18+ | Thursday | Sept. 20

8:30 a.m. - 4:30 p.m. | Check in at 8 a.m. | \$99

Angels & Demons

If you don't think St. Louis has its fair share of Angels and Demons, then you need to take this tour! Hear stories of hauntings, unusual happenings, miracles and even a real-life exorcism. Learn the history of some superstitions, familiar sayings and customs on this supernatural day. Stops will be at the Shrine of St. Joseph, St. Nicholas Greek Church, the College Church, lunch at the Bissell Mansion and the famous Pink Sisters and Bellefontaine Cemetery.

Ages 18+ | Thursday | Oct. 30

9 a.m. - 4 p.m. | Check in at 8:30 a.m. | \$85

German St. Louis

Visit and drive by interesting German sculptures in Forest Park, Market Street and Tower Grove Park. We will visit the mother house of the School Sisters of Notre Dame to learn about their history and important work with German Immigrants. Drive by some of the fine early stone mid-1800's German street houses in South St. Louis. Enjoy a delicious German meal at the favorite GRBIC Restaurant in South St. Louis. Tour the beautiful campus of Concordia seminary.

Ages 18+ | Friday | Nov. 16

9 a.m. - 4 p.m. | Check in at 8:30 a.m. | \$85

Springfield Illinois Holiday House

The magnificent 1855 Italianate Illinois Governors Mansion is a sight to behold in any season, but especially so when dressed in holiday finery. The oldest house in Springfield, in 1840's Elijah Iles House, has been recently opened to visitors. Enjoy a delicious buffet lunch at the Golden Corral Steak House. Visit the beautifully-decorated Dana Thomas house, one of Frank Lloyd Wright's largest and most elaborate Prairie style designs. Visit famous poet Vachel Lindsay's birthplace and long time home decorated as it would have been during the Victorian period.

Ages 18+ | Saturday | Dec. 1

8:15 a.m. - 6:15 p.m. | Check in at 8:30 a.m. | \$105

ABOUT THE TRIP LEADER

Linda Koenig has been a tour manager and guide for Gateway Tours of St. Louis for nearly 20 years.

She leads and designs about 125 tours every year in the St. Louis Region.



Save the Dates for More Fun in 2019

Stained Glass & Steeples.....April 10
Clydesdales & Les Bourgeois.....May 16
Orient Express.....June 14



Making Sense of Dollars and Finance

Retirement Income Strategies

Retirees are concerned about running out of money now more than ever before. You will learn about the importance of a sound retirement income plan and strategies that should be considered: Roth IRA Conversions; how to avoid double taxation of your IRA's, 401(k)'s and 403(b) plans; techniques to avoid the 701/2 tax trap, how to maximize your retirement income while reducing risk and much, much more. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+

Monday | Sept. 10 | 6:30-8 p.m.

Parkway Central HS

\$9 | \$4.50 Gold Card/Golden Key Card

Women & Finance: Navigating Through Retirement, Widowhood, Divorce, and More

Are you aware of the unique financial circumstances women face? Statistically, all women, either by choice or circumstance, will be on their own financially at some point in their life. This presentation shares perspectives on financial concerns facing women as they prepare for, transition into, and live in retirement; special emphasis on widows. It discusses income strategies, Social Security, including the affects of divorce and widowhood on your financial security. If you are a woman between the ages of 40 and 80, this class is for you! Brought to you by Edward Jones.

Ages 18+

Tuesday | Sept. 11 | 6-7:30 p.m. | Parkway NE Mid.

Wednesday | Sept. 19 | 6-7:30 p.m. | Crestview Mid.

\$9 | \$4.50 Gold Card/Golden Key Card



Parkway-Rockwood Community Ed offers a wide variety of one-evening finance classes to help answer your questions and concerns. Register at www.prcommunityed.org

Social Security Planning

As you approach retirement, one of the biggest financial decisions you'll need to make is when to begin receiving your Social Security benefits. Should you begin receiving a smaller Social Security benefit early, or should you opt to wait until full retirement age or even longer in order to receive a larger benefit? What if you work while collecting benefits? Should you file and suspend? There's no "one-size-fits-all" answer; when to begin receiving Social Security benefits depends on your personal circumstances, and there are many variables. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | October 1

6:30-8 p.m. | Parkway Central HS

\$9 | \$4.50 Gold Card/Golden Key Card

Retirement: Making Your Money Last. What Happens After the Paycheck Stops?

This workshop discusses established processes to help build a reasonable and sustainable strategy for creating and managing income in retirement. We will discuss withdrawal rate, income gaps, reliance rates, pension strategies, 401k rollovers, tax strategies, RMD's, inflation, unexpected events, and more. Recommended for those currently retired or within 5 years of retirement. Presented by Cindy Whitman, Financial Advisor with Edward Jones

Ages 18+

Wednesday | Oct. 3 | 6-7:30 p.m. | Crestview Mid.

Tuesday | Oct. 9 | 6-7:30 p.m. | Parkway NE Mid.

\$9 | \$4.50 Gold Card/Golden Key Card

Registration will be accepted via the following:

- Online at www.prcommunityed.org
- By phone at 636-891-6644
- By mail: Complete form on page 44





Finance & Real Estate Programs

FINANCE

Tax Free Investing:

It's Not What You Make, It's What You Keep

With the new tax plan in place, many people have questions about tax saving strategies. This workshop will discuss certain investments that can produce tax free income, tax deferral options, income tax deductions, IRA Required Minimum Distribution strategies, and tax free wealth transfer options. Designed for retirees or nearing retirement, or those near or over the 24% tax bracket. Presented by Cindy Whitman, Financial Advisor with Edward Jones

Ages 18+

Tuesday | Nov. 6 | 6-7:30 p.m. | Crestview Mid.

Wednesday | Nov. 14 | 6-7:30 p.m. | Parkway NE Mid.

\$9 | \$4.50 Gold Card/Golden Key Card

Broadening Your Knowledge of Investing: Foundations of Investing

Building your investor IQ starts with understanding the basics. The presentation is an expanded look at the "how" of creating an investment strategy, as well as the basic components that form your financial picture. Discussions will include a brief overview of stocks, bonds, mutual funds, diversification, and asset allocation. Whether you are new to investing or need a refresher, this workshop will discuss investing as a process and a journey toward your financial goals. Recommended for all ages and life stages. Presented by Cindy Whitman, Financial Advisor with Edward Jones.

Ages 18+

Wednesday | Dec. 5 | 6-7:30 p.m. | Crestview Mid.

Wednesday | Dec. 12 | 6-7:30 p.m. | Parkway NE Mid.

\$9 | \$4.50 Gold Card/Golden Key Card

REAL ESTATE MADE EASY FOR BUYERS, SELLERS AND YOU! PRESENTED BY MICHELLE THIES OF REALTY EXECUTIVES

First Time Home Buyers

Now is the perfect time to buy! Buying is way cheaper than renting with today's record low interest rates, plus save on your Federal tax return by getting interest write offs! Learn how to get a good buy, how to avoid costly mistakes and repairs, how to be well represented (at no cost to you), and how to receive instant equity. Class is geared toward first time buyers. Presented by Michelle Thies with Realty Executives of St. Louis.



Ages 18+

Wednesday | Sept. 12 | Rockwood South Mid.
6-7 p.m. | \$9

Sellers-Getting Your Home Market Ready

Learn how to maximize your profit while limiting your liability when selling your property. Make it a win-win transaction for you and the buyers. Learn how to minimize your marketing time. Some remodeling and updating brings a 150% return while other remodeling only returns 30% of costs. Avoid problems legally and financially. Presented by Michelle Thies with Realty Executives of St. Louis.

Ages 18+

Wednesday | Oct. 3 | Crestview Middle
6-7 p.m. | \$9

Contract Overview

Do you know how many paragraphs are in a residential sale contract? We will take an in-depth look and get an explanation on what they mean. Presented by Michelle Thies with Realty Executives of St. Louis.

Ages 18+

Thursday | Nov. 8 | Parkway Central High
6-7 p.m. | \$9

Please note: Gold Card/Golden Key Card do not apply unless indicated. Dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.





Close to Nature - Close to Home

Babler Outdoor Education Center

A partnership between Community Ed and the Missouri Dept. of Natural Resources at Babler State Park

WILD SCOUT ADVENTURES

Girl Scout Overnight Program

We are excited to offer our popular Girl Scout overnight program again this fall and winter! Join us for an exciting weekend of badges, s'mores and crafts at the Outdoor Education Center! Troops will work on completing two badges and will all share songs, skits and stories at the campfire!

Troops will be housed together in a heated cabin and hot meals will be provided in the Dining Hall. Gather your troop and get ready to explore Babler State Park!

“Great program! The girls had a great time and did not want to leave. Great facility and wonderful staff-very welcoming, and helpful. It was a wonderful overnight!”

- Amy H.
Past Participant

Brownies Overnight

Letterboxing & Senses

Nov. 16-17 | \$55 per scout/\$25 per adult

Juniors Overnight

Camper & Geocacher

Nov. 30 - Dec. 1 | \$55 per scout/\$25 per adult

Calling all Cadettes: If your troop is interested in helping us plan, prepare and execute our Brownie or Junior overnight program, please call our office at 636-458-3048.

Scout Overnight Registration

Registration opens online Aug. 27 at 9 a.m.

Troop leaders/representatives can register online. A deposit of \$25 is due at the time of registration and reserves 1 cabin, sleeping a maximum of 20 people. If your troop requires more than 20 beds, you must make two separate reservations. A minimum of 6 scouts and 1 adult is required to make a reservation. Register early, this program sells out fast! Please contact us with questions at 636-458-3048.

Scout Badge Opportunities

The Babler Outdoor Education Center offers badge programs by appointment for Girl Scouts and Cub Scouts. Badge programs focus on outdoor education skills and activities. Programs are customizable and many can be adapted to fit your troop's needs. Appointments are scheduled on a first come, first serve basis and availability depends on the Outdoor Education Center schedule. Register online or give us a call at 636-458-3048. There is a minimum of 5 scouts to reserve a program.

Girl Scouts

Brownies | 1.5 hours | \$8 per scout

Juniors | 2 hours | \$10 per scout

Cadettes | 2 hours | \$10 per scout

Cub Scouts

Tiger | 1 hour | \$5 per scout

Wolf | 1.25 hours | \$6 per scout

Bear | 1.5 hours | \$8 per scout

Webelo | 2 hours | \$10 per scout

Belt Loop and Pin | 2 hours | \$10 per scout



Did you know you could utilize Babler State Park for Scout experiences? Call 636-458-3048.



Close to Nature - Close to Home

Babler Outdoor Education Center

A partnership between Community Ed and the Missouri Dept. of Natural Resources at Babler State Park

WILD FAMILY FUN

GPS Family Programs

New winter program added!

Bring the family out to Babler State Park for a trick-or-treat event unlike any other or a treasure hunt through a winter wonderland. Work together with a GPS unit to discover different locations around the Babler OEC facility. No previous GPS experience necessary.



All Ages

GPS Trick or Treat

Sunday | Oct. 21 | 9 a.m. - 12 p.m. or 1:30-4:30 p.m.

GPS Winter Wonderland

Sunday | Jan. 13 | 9 a.m. - 12 p.m. or 1:30-4:30 p.m.

Babler Outdoor Education Center

\$8 per person

“We absolutely love this program! What a great time spent with our family outdoors.

We have fun every year and highly recommend the Babler programs!”

- Kim M.
Past Participant



Be sure to sign up early for our very popular GPS Family Fun programs at Babler State Park.

Facility Rental Information

The Outdoor Education Center (OEC) at Dr. Edmund A. Babler Memorial State Park in Wildwood is a 300-acre retreat nestled in the valley of one of Missouri's finest state parks. The OEC is the perfect chance to get away, without having to go away! The Parkway-Rockwood Community Education Department manages the OEC year round, welcoming more than 10,000 people to the facility annually.

It is available for week-long, weekend, and daily rental to organized groups, including summer camps, school programs, scout troops, retreat groups and community organizations.

The OEC offers the opportunity for outdoor recreation to people of all abilities. The site is designed to accommodate residential groups up to 168 participants and day groups of almost any size.

Facility features include:

- Dining Hall with full service kitchen
- Eight heated cabins that can each sleep 20
- Air-conditioned recreation hall
- Swimming pool with zero-depth entry
- Catch and release fishing pond
- Archery range
- Multi-purpose fields

Call the Outdoor Education Center office at 636-458-3048 to schedule a tour of the facility and begin planning your outdoor adventure today!



The Babler Outdoor Education Center features 8 heated cabins that can each sleep 20.



Take Learning to the Trail

Trek & Travel connects classroom learning to the world through adventure, science and self discovery!

Trek and Travel Trips are designed to maximize learning through concrete, experiential lessons aligned with school curricula. Using cooperative teaching methods, our Trek and Travel staff and teacher chaperones work with local experts to capitalize on the unique geographic locations and enhance learning.

All Trek and Travel programs give adventurers opportunities to:

- Expand learning through hands-on experiences
- Make new friends
- Travel to unique places
- Improve social skills
- Try new challenges
- Develop independence
- Gain self-confidence
- Develop respect for nature
- Gain a greater understanding of their place within the world



Join a Trek & Travel program as we take learning to the trail with students, teachers and staff. We will venture to the Ozark Mountains, Smoky Mountains, Great Lakes and the Atlantic Coast.

Trek & Travel Trip Registration

Registration for all Trek and Travel trips is on a first-come, first-serve basis at www.prcommunityed.org.

Ozark Rocks: Open Now! Register Today!

Smoky Mountains: Opens Oct. 20

Great Lakes Voyage: Opens Oct. 20

Atlantic Coastal Quest: Opens Oct. 20

Limited fee assistance may be available to those who qualify. Contact 636-891-6644 or info@prcommunityed.org for more information.

Trip Testimonials

The Ozark Rocks Trip was a great bonding weekend for my husband and daughter, removed from electronics and the daily to-do list. The focus on nature at their own speed and interests was the perfect fit. My daughter is looking forward to future camps offered through the Trek and Travel program.

Julie J.

Ozark Rocks Parent/Spouse

My son is normally not the outdoorsy type of kid. The smile on his face as he recapped the events and lifelong memories from the trip made our hearts flutter!

Latasha S.

Smoky Mountain Parent

"I had so much fun on the Great Lakes Voyage. We stayed busy all the time and there was so much to see and do. The ropes course and canoeing were my favorite activities, but I enjoyed everything. I would love to go again."

Sophia E.

Great Lakes Voyage Participant

The Atlantic Coastal Quest was an amazing trip! All the activities were a lot of fun and educational. This trip had a great balance of learning and adventure!

Katie Q.

Atlantic Coastal Quest Participant

Informational Nights

Students and parents interested in learning more about our Trek & Travel Trips are invited to join us for an informational night where you will:

- See a presentation about the trip or trips
- Meet Trek & Travel staff
- Get answers to your questions

Pick the meeting date and location that fits your schedule! Presentations start promptly at time indicated. No registration required.

Great Lakes Voyage & Atlantic Coastal Quest

Parkway Central Middle | Oct. 2 | 7 p.m.

Rockwood Admin Annex | Sept. 18 | 7:30 p.m.

Crestview Middle Theater | Oct. 10 | 7:30 p.m.

Smoky Mountains Adventure

Rockwood Admin Annex | Sept. 18 | 6 p.m.

Crestview Middle Theater | Oct. 10 | 6 p.m.

Adventure and Memories Await! 2018-19 Trip Dates

Ozark Rocks

Fall Overnight Trip for 4th Grade Families



Create memories as you reconnect with your child and explore unique features that make the Ozark Mountain region a national treasure.

NEW THIS YEAR: We will stay at the Shepherd Mountain Inn & Suites.

Sept. 29-30, Nov. 3-4, and Nov. 10-11

\$349 per parent/child pair

Registration is now open.

Smoky Mountains Adventure

Spring Trip for Rockwood 5th Graders



Travel to the Great Smoky Mountains for an adventure-packed four days exploring the wilderness and developing leadership skills.

Fairway, Green Pines, Pond.....March 1-4*

Ridge Meadows, Wild Horse, Woerther.....March 8-11*

Ellisville, Kehrs Mill, Westridge.....March 29- April 1*

Blevins, Eureka, Geggie.....April 12-15*

Bowles, Kellison, Stanton, Uthoff Valley.....May 3-6*

Babler, Ballwin, Chesterfield.....May 17-20*

**Please note bus departure is evening before the first date of the trip.*

\$585 | A \$195 deposit is due at registration.

**Registration opens online and in-person
October 20 at 9 a.m.**

Great Lakes Voyage

Summer Trip for Students in Grades 6-8 in 2019-20



Travel to the North Shore of Lake Superior for a week of adventure and outdoor education.

July 21-27, 2019

\$725 | \$175 deposit is due at time of registration.

**Registration opens online and in-person
October 20 at 9 a.m.**

Atlantic Coastal Quest

Marine Science Trip for Students in Grades 9-10 in 2019-20



Pack your bags and head to the coast on a Marine Science trip! Venture to Wallops Island for a week of discovery on the Virginia coast.

June 16-22, 2019

\$1,095 | A \$195 deposit is due at time of registration.

**Registration opens online and in-person
October 20 at 9 a.m.**



Rockwood Swim Club

Rockwood Swim Club (RSC) is founded on the belief that competitive swimming offers an exciting, worthwhile experience in a young person's life. With nearly 300 swimmers, RSC is continually ranked in the top 5% of swim clubs in the nation. Whether you are looking to swim for a club full time, to continue swimming after summer league, to prepare for high school competition, or to train for college scholarships, RSC provides swimming programs for athletes of all abilities. RSC is open to swimmers throughout the St. Louis region.



Qualifications: Swimmers need to be able to swim at least 300 yards and a legal 100 Individual Medley to be placed on the team.

Group Placement: All new swimmers need to attend a swimming placement session at one of the times listed below in order to be placed in an appropriate swim club group.

July 18 | 6-7 p.m. | Lafayette High
 August 20 | 7-8 p.m. | Lafayette High
 August 21 | 6-7 p.m. | Rockwood Summit High
 October 29 & 30 | 7:30 p.m. | Crestview Middle
 December 10 & 11 | 7:30 p.m. | Crestview Middle

Fees: A USA membership, administration, program enhancement and swim meet fees are in addition to the monthly club fees and are the responsibility of the swimmer.

Visit www.rockwoodswim.org or call 636-891-6644 for more information.



The 50-meter heated outdoor pool at Crestview Middle School was recently renovated and is our training facility from April through October.

Introduction to Swim Club

Interested in seeing if the Rockwood Swim Club is right for you? Join us for this preview program and receive expert coaching, pre-season training and group placement. Attend daily or a minimum of three days per week.

Grades K-12 | Monday-Thursday | Aug. 13-23
 6-7 p.m. | Lafayette High School | \$99

Register at www.prcommunityed.org.

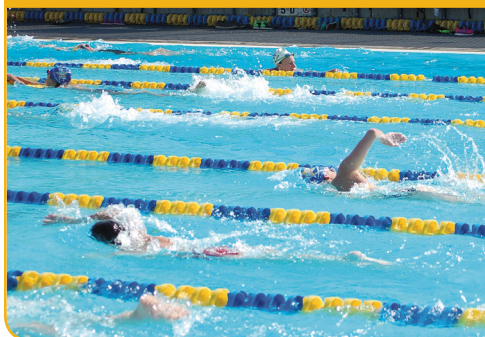
High School Prep

Fine tune your skills before the high school season. You'll improve endurance, start and turns, and other aspects important to high school swimming. Practices are three days per week for 1.5 hours and begin the Tuesday after Labor Day.

Grades 9-12 | Sept. 4-Nov. 3 | \$249
 Monday | 7:15-8:45 p.m. | Eureka High
 Tuesday | 5:30-7 p.m. | Marquette High
 Saturday | 10-11:30 a.m. | Lafayette High

Register at www.prcommunityed.org.

Recognition Award



The USA Swimming Club Excellence Program identifies and recognizes swim clubs for their commitment to performance

excellence. Rockwood Swim Club earned Bronze Medal Club status for 2018.



Learn to Swim

INFANT SAFETY



Infant Swimming Resource (ISR)

This program goes beyond traditional swimming instruction by teaching ISR Self-Rescue® techniques to help children survive should they find themselves in the water alone. Offered in partnership with Certified ISR Instructor Christie Cloutman.

Ages 6 months – 6 years

One-on-one, private lessons are scheduled five days per week (M-F), ten minutes each day for 4-6 weeks. Interested participants must contact Christie Cloutman at 636-590-6993 prior to registration. Visit www.isrstl.com for more information about the program.

SWIMAMERICA



SwimAmerica allows swimmers to progress at their own pace (no waiting to move up!)

SwimAmerica is a state-of-the-art, learn to swim program for ages 6 months to adult developed by the American Swim Coaches Association. Taught in ten stations, each new student will be evaluated and placed in the station that best suits their ability.

Parent/Child Classes (ages 6 months–2 years): Designed to have parents in the pool with their child while learning through the use of songs and games.

Preschool Classes (ages 3–5): Designed to teach proper breathing, front/back float and kicking techniques.

SwimAmerica Classes (ages 4–17): Proper techniques are emphasized, with attention to correct body position, movement of arms and legs, breathing and timing of strokes.

Private Lessons (all ages): For those who prefer one-on-one instruction.

See complete schedule of all SwimAmerica classes on page 34 & 35.

Pre-Competitive Swim Team

Perfect for the swimmer who does not have the time to commit to a competitive program but wants to learn more than lessons.

Qualifications: 50 yards freestyle, 25 yards backstroke and have an idea of how to swim breaststroke and butterfly; or be in station 8 or higher in SwimAmerica.

Ages 6-17

M&W | 7:30–8:15 p.m. | Crestview Middle

M&W | 7:30–8:15 p.m. | Rockwood Summit

T&TH | 7:30–8:15 p.m. | Crestview Middle

Session 1: Aug. 27 - Nov. 1 | \$175

Session 3: Nov. 5 - Dec. 13 | \$90

Session 4: Jan. 7 - March 14 | \$175

To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.





Learn to Swim

SWIMAMERICA SCHEDULE

All weekday classes meet one day per week on the same day each week.

Crestview Middle

Session 1: Aug. 24 - Sept. 29 (no class Aug. 31- Sept. 3)

Session 2: Oct. 1 - Nov. 3 (no class Oct. 31)

Session 3: Nov. 5 - Dec. 15 (no class Nov. 19-24)

Session 4: Jan. 3 - Feb. 2

Rockwood Summit High

Session 1: Aug. 25 - Sept. 29 (no class Sept. 1-3)

Session 2: Oct. 1 - Nov. 3 (no class Oct. 10 & 31)

Session 3: Nov. 5 - Dec. 15 (no class Nov. 19-24)

Session 4: Jan. 5 - Feb. 2 (no class Jan. 9 & 21)

Ages

SwimAmerica class age ranges:

Parent/Child: Ages 2 & under

Preschool: Ages 3-5

SwimAmerica: Ages 4 & up

Private Lessons: All ages

WE'RE HIRING SWIMAMERICA INSTRUCTORS

Top reasons to become an instructor with our SwimAmerica program:

- Flexible evening and weekend hours that work around your school schedule
- Convenient locations in Ellisville and Fenton
- All training provided (you do not have to be a certified lifeguard)
- Work with kids while teaching a valuable life skill
- Have FUN!

We have immediate openings at both locations. Call 636-891-6630 or visit our website for more information.



To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.



Rockwood Summit High School | Group Lessons

Day	AM Times	Class	Fee*
Saturday	9:15–9:45 a.m.	Preschool	\$52/\$65
Saturday	9:15–9:55 a.m.	SwimAmerica	\$52/\$65
Saturday	10–10:40 a.m.	SwimAmerica	\$52/\$65
Day	PM Times	Class	Fee*
Monday	6–6:30 p.m.	Preschool	\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	\$52/\$65
Wednesday	6–6:30 p.m.	Preschool	\$52/\$65
Wednesday	6–6:40 p.m.	SwimAmerica	\$52/\$65
Wednesday	6:45–7:25 p.m.	SwimAmerica	\$52/\$65

*Prices vary based on number of lessons: 4 weeks (\$52), 5 weeks (\$65).

Rockwood Summit High School | Private Lessons

Days	AM Times	Class	Fee*
Saturday	10:45–11:10 a.m.	Private Lesson	\$84/\$105

*Prices vary based on number of lessons: 4 weeks (\$84), 5 weeks (\$105).



Learn to Swim

SWIMAMERICA SCHEDULE

Crestview Middle School | Group Lessons

Day	AM Times	Class	Fee*
Monday	9:30–10 a.m.	Preschool	\$39/\$52/\$65
Monday	10–10:30 a.m.	Preschool	\$39/\$52/\$65
Tuesday	10–10:30 a.m.	Preschool	\$39/\$52/\$65
Tuesday	10:30–11 a.m.	Preschool	\$39/\$52/\$65
Wednesday	9:30–10 a.m.	Parent/Child	\$39/\$52/\$65
Wednesday	9:30–10 a.m.	Preschool	\$39/\$52/\$65
Wednesday	10–10:30 a.m.	Preschool	\$39/\$52/\$65
Thursday	10–10:30 a.m.	Preschool	\$39/\$52/\$65
Thursday	10:30–11 a.m.	Preschool	\$39/\$52/\$65
Saturday	8:55–9:25 a.m.	Parent/Child	\$39/\$52/\$65
Saturday	8:55–9:25 a.m.	Preschool	\$39/\$52/\$65
Saturday	9:30–10:10 a.m.	SwimAmerica	\$39/\$52/\$65
Saturday	10:15–10:55 a.m.	SwimAmerica	\$39/\$52/\$65
Saturday	11–11:40 a.m.	SwimAmerica	\$39/\$52/\$65
Day	PM Times	Class	Fee*
Monday	6–6:30 p.m.	Preschool	\$39/\$52/\$65
Monday	4:30–5:10 p.m.	SwimAmerica	\$39/\$52/\$65
Monday	5:15–5:55 p.m.	SwimAmerica	\$39/\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	\$39/\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	\$39/\$52/\$65
Tuesday	6–6:40 p.m.	SwimAmerica	\$39/\$52/\$65
Tuesday	6:45–7:25 p.m.	SwimAmerica	\$39/\$52/\$65
Wednesday	6–6:30 p.m.	Preschool	\$39/\$52/\$65
Wednesday	4:30–5:10 p.m.	SwimAmerica	\$39/\$52/\$65
Wednesday	5:15–5:55 p.m.	SwimAmerica	\$39/\$52/\$65
Wednesday	6–6:40 p.m.	SwimAmerica	\$39/\$52/\$65
Wednesday	6:45–7:25 p.m.	SwimAmerica	\$39/\$52/\$65
Thursday	6–6:40 p.m.	SwimAmerica	\$39/\$52/\$65
Thursday	6:45–7:25 p.m.	SwimAmerica	\$39/\$52/\$65

*Prices vary based on number of lessons: 3 weeks (\$39), 4 weeks (\$52), and 5 weeks (\$65).

Crestview Middle School | Private Lessons

Days	AM Times	Class	Fee*
Friday	6–6:25 p.m.	Private Lessons	\$84/\$105
Friday	6:30–6:55 p.m.	Private Lessons	\$84/\$105
Friday	7–7:25 p.m.	Private Lessons	\$84/\$105
Saturday	11:45 a.m.–12:10 p.m.	Private Lessons	\$84/\$105
Saturday	12:15–12:40 p.m.	Private Lessons	\$84/\$105
Saturday	12:45–1:10 p.m.	Adaptive Private	\$84/\$105

*Prices vary based on number of lessons:
4 weeks (\$84), 5 weeks (\$105).

Register at www.prcommunityed.org or
call 636-891-6644 for more information.





Get Moving in the Water

ADULT SWIMMING PROGRAMS

Adult Master/ Lap Fitness Swimming

Try our coached master swim program or do your own workout. All swimming abilities and fitness levels are welcome. Workouts will be given to help adults who still compete, former swimmers, or triathletes looking to improve.

Ages 18+

Monday–Saturday

5–6:30 a.m. | Marquette High

Monday–Friday

10:30 a.m.–12 p.m. | Crestview Middle

Daily: \$5 per visit (payable at pool)

Monthly (unlimited swims): \$80

Monthly rate begins the first of each month

Session (unlimited swims): \$160

Session runs September 1 through December 31

No pre-registration required.

Adult Beginner Swim Lessons

This class is for the true beginner age 19 and up. Taught in a small group setting, you will learn to float, kick, swim and be safe in the water. More advanced swimmers can attend the adult master swim program.

Saturdays | 8-8:40 a.m. | Crestview Middle

\$52 for 4 weeks | \$65 for 5 weeks

See our website at www.prcommunityed.org for session schedules.

Water Walking

Water walking takes place in, at, or around chest deep water; sometimes it may include shallow and deep water exposure. The class will be various workouts with a focus on aerobic activity, strength and flexibility. Range of motion and proper technique will be the foundation class. All levels and swimming experience welcome.

Mondays & Wednesdays

Crestview Middle | 9-10 a.m.

Session 1: Aug. 27 - Dec. 14

2 days/week \$150 | \$75 Gold Card/Golden Key Card

1 day/week \$70 | \$35 Gold Card/Golden Key Card

AQUA AEROBICS



This low impact workout challenges those who want to get in shape. It incorporates low cardio, muscle toning, strengthening and balance work. Deep water and shallow water classes meet two times per week.

Mondays & Wednesdays | Crestview Middle
8-8:45 a.m. | Shallow Water

Tuesdays & Thursdays | Crestview Middle
8-8:45 a.m. | Shallow Water
9-9:45 a.m. | Deep Water

Fridays | Crestview Middle
8:30-9:15 a.m. | Shallow Water

Session 1: Aug. 27 - Dec. 14

2 days/week \$150 | \$75 Gold Card/Golden Key Card

1 day/week \$70 | \$35

Session 2: Jan. 7 - May 23

2 days/week \$180 | \$90 Gold Card/Golden Key Card

1 day/week \$80 | \$40

Register online or by mail with the form on page 44. Please call 636-891-6644 for more information.

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.





Early Childhood Education

Parkway Early Childhood Parents as Teachers (PAT)

Birth to Five Years

Give your child the best possible start with this program that includes: degreed and certified parent educator, personal visits with parent educator, parent workshops, family activity sessions to enjoy with your child and screenings to check your child's development. **Free to Parkway residents.** Call 314-415-6973.

Parent-Child Interaction Program

Give your child the gift of music, art, movement and more with these affordable classes. Your little one will bring a lucky grown-up to enjoy classes together. Topics include yoga, healthy eating, science, math and other high-interest, fun subjects. There are morning, afternoon and evening classes and are open to anyone. Call 314-415-6955.

Kids Morning Out Program

This is a fun and affordable preschool experience for children who will turn 3 between August 1, 2018 and July 31, 2019. Parents drop off their children for this two-hour program that blends developmentally appropriate curriculum with opportunities for social growth. Classes taught by certified teacher and teacher assistant. Call 314-415-6955

Preschool Programs

Preschool is a tuition-based program for children 3-5 years of age. Certified teachers implement a developmentally appropriate rich curriculum. Children may attend between 2-5 half days or five full days per week. Call 314-415-6970.

Play-Base Screenings

For Parkway Residents Only - Free

This child-friendly approach to screening allows parents to learn about their child's development. Children ages 3-5 play in small groups. Hearing and vision are also screened. Call 314-415-6969.

Special Education Classes

Classes and therapy are available for 3-5 year olds who qualify for special education services. Offered by St. Louis County Special School District in various locations. **Free to Parkway Residents.** Call 314-415-4977.

Visit www.parkwayschools.net or call 314-415-6955 for more information.

Rockwood Early Childhood Parents as Teachers (PAT)

Prenatal–Age 3

Parents as Teachers provides personal visits to families focused on parent–child interaction, development-centered parenting, and family well-being. Certified parent educators support parents throughout pregnancy until their child is 3. **Free to Rockwood residents.** Call 636-891-6216.

Screenings

Ages Three Months-3 Years

The 30-minute screening includes a vision and hearing assessment as well as a review of your child's overall health. **Free for Rockwood residents.**

Ages 3 and 4 (Pre-Kindergarten)

The screening assesses 3 major areas: motor, concepts, and language. The process takes approximately 60-90 minutes. The screening includes a vision/hearing assessment as well as a personal conference to review the results. **Free for Rockwood residents.**

Mini Preschool - Ages 24 months-3 years

These classes provide children who are 30–36 months a classroom experience. Short-term classes focus on social development and interactive play. There are many classes to choose from to suit your child's best interest.

Half-Day Preschool - Ages 3–5

This nine-month program provides a variety of options to parents looking for a three hour preschool. All teachers are certified by the state of Missouri. Class size is limited to 14 to promote more student/teacher interaction. Child must be at least 3 by July 31.

Full-Day Preschool - Ages 3–5

The Full-Day Preschool combines preschool and childcare for families needing full day services. School year teachers are certified by the State of Missouri. Children must be at least 3 by July 31. Call Patty at 636-891-6260 EXT. 21522.

Visit www.rsdkmo.org/earlychildhood or call 636-891-6200 for more information.



Get Empowered with Free Education

ABOUT AEL



MISSOURI **adult**
education
& literacy

The Missouri
Adult Education
and Literacy

(AEL) Program provides assistance to help Missouri adults get the basic skills they need to be productive workers, family members, and citizens. All teachers hold Missouri Adult Education certification.

CONTACT INFORMATION

**Parkway-Rockwood Community Ed
Adult Education & Literacy Office**

314-415-4940

www.prcommunityed.org

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Our Adult Education classes help students 17 years of age or older prepare for the Missouri High School Equivalency tests (HSE/GED); improve reading, writing, language and math skills; and develop college and career readiness skills.

Classes focus on:

- Basic educational skills
- Preparation for higher education
- Skills needed to enter or return to the workforce
- Skills needed to advance in the workforce

Classes are FREE and taught by certified teachers. We offer classes in the Parkway, Rockwood, Clayton, Brentwood, Pattonville, Ladue, Hazelwood and Maplewood/Richmond Heights school districts.

You do NOT need to be a resident of the school district to attend one of the classes.

VOLUNTEER OPPORTUNITIES

Teach an adult to read, write, and improve math skills. Help a foreign student converse and understand American customs. Work one-on-one or with a small group. You do not need to be a certified teacher.

Training is provided. Volunteer opportunities are available in the Parkway, Rockwood, Hazelwood, Pattonville, Clayton, Brentwood and Maplewood school districts.

Call 314-415-4941 for more information.



Our Adult Education and English as a Second Language Classes.

PREPARE & STUDY ONLINE

The online classroom lets you communicate with instructors at your convenience and gives you unlimited study resources on the Internet. You can study according to your schedule, day or night. Classes are free to Missouri residents 17 years of age and older. Visit us at **www.MOLearns.com** or call 314-415-4936.



*We are always looking for volunteers.
Call 314-415-4941 if interested.*

Get Empowered with Free Education

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Class Schedule and Locations

Fall classes begin August 27. New students **MUST** attend an orientation on the first day of each session. New sessions begin monthly. Visit our website or call 314-415-4940 for session start dates and to sign up for a class.

Day	Time	Location	Address
Brentwood			
M–Th	9 a.m.-12 p.m.	MERS-Goodwill Center	2545 S. Hanley Rd. Brentwood, 63144
Bridgeton			
M–Th	9 a.m.-12 p.m.	Faith Baptist Church	12061 Natural Bridge Rd. Bridgeton, 63044
Creve Coeur			
M–Th	1-4 p.m.	Fern Ridge High School, Door 6	13157 N. Olive Spur Rd. Creve Coeur, 63141
Ellisville			
T & Th	5:30-8:30 p.m.	Crestview Middle School, Rm. 110	16025 Clayton Road Ellisville, 63011
Fenton			
T & Th	6-8:30 p.m.	Rockwood Summit HS, Rm. 110	1780 Hawkins Rd. Fenton, 63026
Florissant			
M- Th	9:30 a.m. -12:30 p.m.	Trinity Mt. Carmel Baptist Church	11755 Mehl Ave. Florissant, 63033
M & W	5:30 - 8:30 p.m.	Christ the King United Church of Christ	11370 Old Halls Ferry Rd. Florissant, 63033
Hazelwood			
M & T	5:30 - 8:30 p.m.	Hazelwood West High School, Rm 127	1 Wildcat Lane Hazelwood, 63042
Maplewood			
M-Th	9 a.m. - Noon	Maplewood Doors to Success (17-23 years old only)	7126 Bruno Ave Maplewood, 63143
Maryland Heights			
T & Th	5:30 - 8:30 p.m.	Pattonville High School, Rm D108	2497 Creve Coeur Mill Rd. Maryland Heights, 63043
Spanish Lake			
M-Th	9 a.m. - Noon	Hazelwood Doors to Success (17-23 years old only)	12075 Bellefontaine Rd. Spanish Lake, 63138
T-Th	10:45 a.m. - 2 p.m.	Hazelwood Doors to Success (17-23 years old only)	12075 Bellefontaine Rd. Spanish Lake, 63138
St. Ann			
M, T, Th, F	9 a.m. - Noon	Missouri Job Center	715 Northwest Plaza Dr. St. Ann, 63074

Visit www.prcommunityed.org or
call 314-415-4940 for more information.





Get Empowered with Free Education

ENGLISH AS A SECOND LANGUAGE

Come learn English in a friendly adult class. We serve international speakers of other languages, 17 years of age and older. We provide comprehensive classes focused on accomplishing the students' goals. **All classes are FREE.**

Classes will help you...

- Learn to speak, read, and write in English
- Learn about and participate in American customs
- Learn what it takes to become a citizen

Class Schedule and Locations

Fall classes begin the week of August 27. **Before beginning any class, you MUST attend a multiple day orientation. New student orientations are scheduled every two weeks. Call 314-415-4940 for orientation dates and times.**



English as a Second Language Classes are for anyone 17 years or older.

Day	Time	Location	Address
Bridgeton			
M-Th	9 a.m.-12 p.m.	Faith Baptist Church	12061 Natural Bridge Rd. Bridgeton, 63044
Chesterfield			
M, W, Th	9 a.m. - 12 p.m.	Wild Horse Elementary	16695 Wild Horse Creek Chesterfield, 63005
Clayton			
M-W	6-9 p.m.	Clayton High School, Rm 2	1 Mark Twain Circle Clayton, 63105
Creve Coeur			
M-Th	9 a.m.-12 p.m.	Fern Ridge High School	13157 N. Olive Spur Rd. Door 6 Creve Coeur, 63141
M-Th	1-4 p.m.	Fern Ridge High School	13157 N. Olive Spur Rd. Door 6 Creve Coeur, 63141
M-W	6-9 p.m.	Fern Ridge High School	13157 N. Olive Spur Rd. Door 6 Creve Coeur, 63141
Ellisville			
M-Th	9 a.m. - 12 p.m.	St. John Cornerstone Center	15800 Manchester Rd. Ellisville, 63011
T&Th	6-9 p.m.	St. John Cornerstone Center	15800 Manchester Rd. Ellisville, 63011
Manchester			
M-Th	9 a.m.-12 p.m.	Manchester United Methodist Church	129 Woods Mill Rd. Manchester, 63011
M & W	1-4 p.m.	Manchester United Methodist Church (Advanced)	129 Woods Mill Rd. Manchester, 63011
Maplewood			
M-W	1-4 p.m.	Maplewood United Methodist Church	7409 Flora Ave. Maplewood, MO 63143



Get Empowered with Adult Education

ADDITIONAL CLASSES

Before beginning any class, you **MUST** attend a multiple day orientation. Call 314-415-4940 for orientation dates and times.

TOEFL Preparation

ESL students prepare for the TOEFL (Test of English as a Foreign Language) exam which is necessary to be admitted to American universities.
Thursdays | Call for times.
Fern Ridge High School
13157 N. Olive Spur Rd.
Creve Coeur, 63141

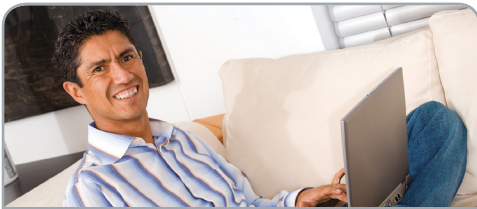
Citizenship, English and Conversation

Students learn to become contributing members of American society, participate in group conversation, and enhance their English language skills. Naturalization and driver's license test prep are also offered.

Fern Ridge High School

13157 N. Olive Spur Rd., Creve Coeur, 63141
Monday–Thursday | 4-5:30 p.m.

ONLINE CONTINUING EDUCATION



Online classes at your own pace, on your schedule. Taught by professionals in their industry and college professors.
Call 636-891-6644 for more information.
Gold Card/Golden Key Card does not apply.

Mastering Microsoft Excel

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets.

- Stay current as the features of Excel change over time.
- Examine the life of an Excel worksheet and workbook, from creation to presentation.
- Learn how an Excel worksheet is constructed, populated with content, and edited for delivery.
- Master the options that can take your Excel worksheet from plain, drab numbers to exciting and engaging multimedia.

Sept. 4-28 | \$195

Introduction to Social Media

Get involved in the move from in-person to online communication. You will:

- Learn what social media are and their role in your business and personal life.
- Find out the top sites and how businesses are using the sites for communication, customer retention, branding, marketing, market research, needs assessment and serving customers and clients.
- Explore the options for your organization.
- Look at case studies of what other organizations are doing.

Sept. 4-28 | \$195

Google Analytics

If you are not reviewing your website statistics, then you are missing several key opportunities to profit from your website traffic. This course, aimed at non-technical users, will take you through all the key techniques and how to use website analytics using the world-standard Google Analytics, a free online tool.

Sept. 4-28 | \$195



- High Schools
- Elementary Schools
- Middle Schools
- School Services

SCHOOL LOCATIONS

High Schools

- 1 Central High
369 N. Woods Mill Road
Chesterfield, MO 63017
- 2 Fern Ridge High
13157 N. Olive Spur Rd.
Creve Coeur, MO 63141
- 3 North High
12860 Fee Fee Road
St. Louis, MO 63146
- 4 South High
801 Hanna Road
Manchester, MO 63021
- 5 West High
14653 Clayton Road
Ballwin, MO 63011

Middle Schools

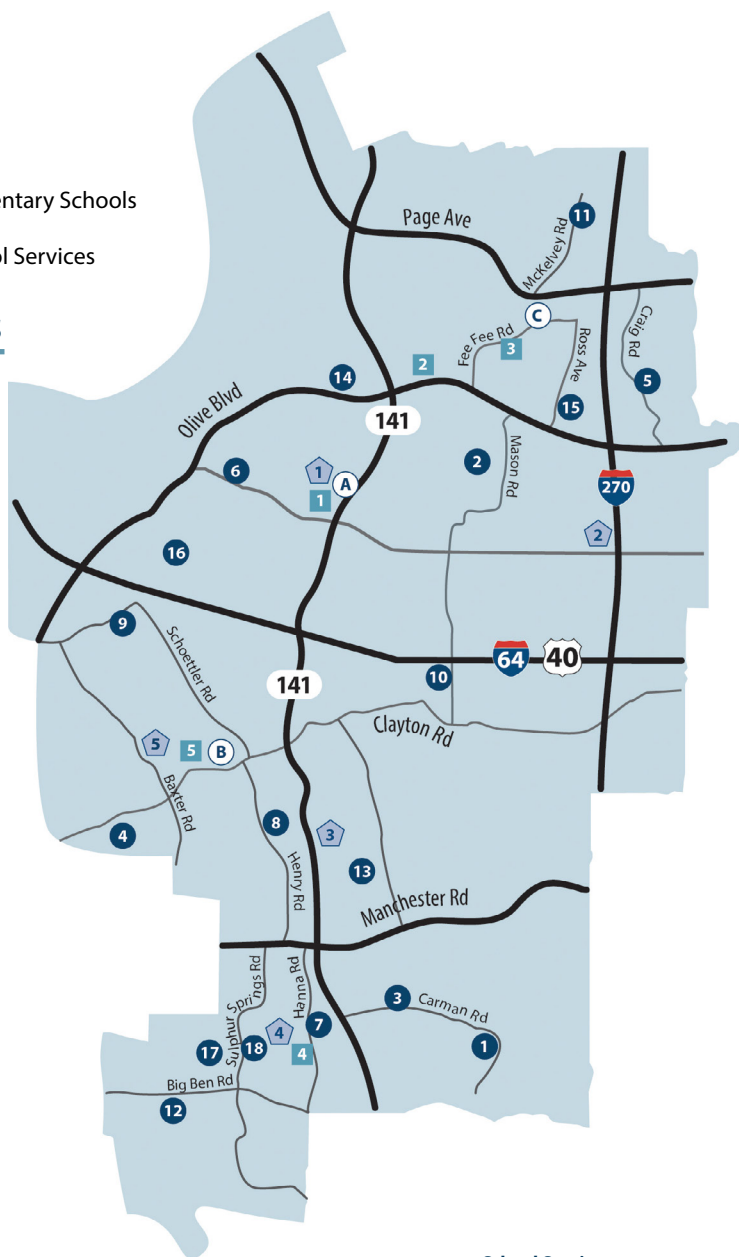
- 1 Central Middle
471 N. Woods Mill Road
Chesterfield, MO 63017
- 2 Northeast Middle
181 Coeur DeVille Drive
Creve Coeur, MO 63141
- 3 South Middle
760 Woods Mill Road
St. Louis, MO 63011
- 4 Southwest Middle
701 Wren Avenue
Ballwin, MO 63021
- 5 West Middle
2312 Baxter Road
Chesterfield, MO 63017

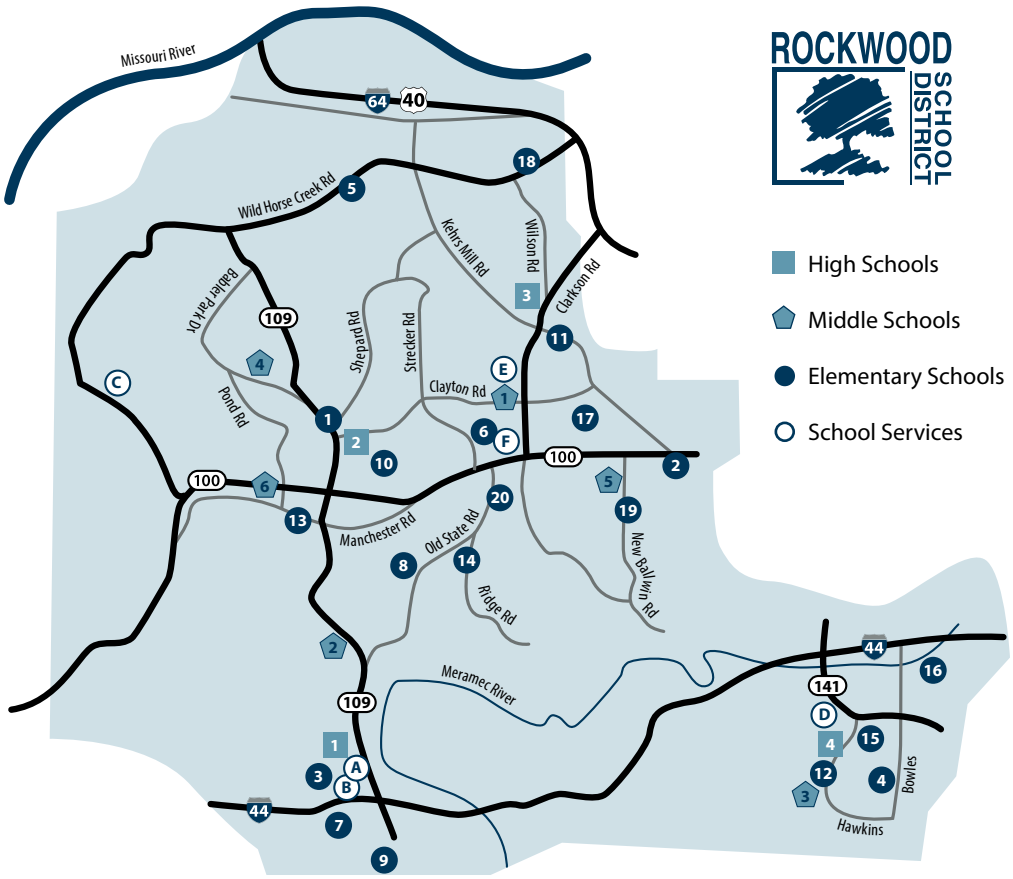
Elementary Schools

- 1 Barretts
1780 Carman Road
Manchester, MO 63021
- 2 Bellerive
620 Rue de Fleur
Creve Coeur, MO 63141
- 3 Carman Trails
555 Weidman Road S.
Manchester, MO 63021
- 4 Claymont
405 Country Club Drive
Ballwin, MO 63011
- 5 Craig
1492 Craig Road
St. Louis, MO 63146
- 6 Green Trails
170 Portico Drive
Chesterfield, MO 63017
- 7 Hanna Woods
720 Hanna Road
Ballwin, MO 63021
- 8 Henry
700 Henry Avenue
Ballwin, MO 63011
- 9 Highcroft Ridge
15380 Highcroft Drive
Chesterfield, MO 63017
- 10 Mason Ridge
715 S. Mason Road
Town & Country, MO 63141
- 11 McKelvey
1751 McKelvey Road
Maryland Heights, MO 63043
- 12 Oak Brook
510 Big Bend
Ballwin, MO 63021
- 13 Pierremont
1215 Dauphine Ln
Manchester, MO 63011
- 14 River Bend
224 River Valley Drive
Chesterfield, MO 63017
- 15 Ross
1150 Ross Road
St. Louis, MO 63146
- 16 Shenandoah Valley
15399 Appalachian Trail
Chesterfield, MO 63017
- 17 Sorrento Springs
390 Tumulty Drive
Ballwin, MO 63021
- 18 Wren Hollow
655 Wren Avenue
Ballwin, MO 63021

School Services

- A Administration Building
455 N. Woods Mill Road
Chesterfield, MO 63017
- B Early Childhood
14605 Clayton Road
Ballwin, MO 63011
- C Instructional
Services Center
12568 Fee Fee Road
St. Louis, MO 63146





- High Schools
- ▮ Middle Schools
- Elementary Schools
- School Services

SCHOOL LOCATIONS

High Schools

- 1 Eureka
4525 Highway 109
Eureka, MO 63025
- 2 Lafayette
17050 Clayton Rd
Wildwood, MO 63011
- 3 Marquette
2351 Clarkson Rd
Chesterfield, MO 63017
- 4 Rockwood Summit
1780 Hawkins Rd
Fenton, MO 63026

Middle Schools

- 1 Crestview
16025 Clayton Rd
Ellisville, MO 63011
- 2 LaSalle Springs
3300 Highway 109
Wildwood, MO 63038
- 3 Rockwood South
1628 Hawkins Rd
Fenton, MO 63026
- 4 Rockwood Valley
1220 Babler Park Dr
Glencoe, MO 63038
- 5 Selvidge
235 New Ballwin Rd
Ballwin, MO 63021
- 6 Wildwood
17401 Manchester Rd
Wildwood, MO 63038

Elementary Schools

- 1 Babler
1955 Shepard Rd
Glencoe, MO 63038
- 2 Ballwin
400 Jefferson
Ballwin, MO 63021
- 3 Blevins
25 E North St
Eureka, MO 63025
- 4 Bowles
501 Bowles Ave
Fenton, MO 63026
- 5 Chesterfield
17700 Wild Horse Creek
Chesterfield, MO 63005
- 6 Ellisville
1425 Froesel
Ellisville, MO 63011
- 7 Eureka
442 West Fourth St
Eureka, MO 63025
- 8 Fairway
480 Old Fairway Dr
Wildwood, MO 63040
- 9 Geggie
430 Bald Hill Rd
Eureka, MO 63025
- 10 Green Pines
16543 Green Pines Dr
Ellisville, MO 63011
- 11 Kehrs Mill
2650 Kehrs Mill Rd
Chesterfield, MO 63017
- 12 Kellison
1626 Hawkins Rd
Fenton, MO 63026
- 13 Pond
17200 Manchester Rd
Grover, MO 63040
- 14 Ridge Meadows
777 Ridge Rd
Ellisville, MO 63021
- 15 Stanton
1430 Flora Del Dr
Fenton, MO 63026
- 16 Uthoff Valley
1600 Uthoff Dr
Fenton, MO 63026
- 17 Westridge
908 Crestland Dr
Ballwin, MO 63011
- 18 Wild Horse
16695 Wild Horse Creek
Chesterfield, MO 63005
- 19 Woerther
314 New Ballwin Rd
Ballwin, MO 63021
- 20 Center for
Creative Learning
265 Old State Rd
Ellisville, MO 63021

School Services

- A Administrative Center
111 East North Street
Eureka, MO 63025
- B Administrative Annex
500 North Central
Eureka, MO 63025
- C Babler Outdoor
Education Center
200 Lake Road
Wildwood, MO 63005
- D Early Childhood-
Vandover Campus
1900 Hawkins Rd
Fenton, MO 63026
- E Early Childhood-
Clarkson Valley
2730 Valley Rd
Chesterfield, MO 63005
- F Community Ed
1425 Froesel
Ellisville, MO 63011



Adult Program Registration Form

Participant 1 Information

Participant 1: _____

Birth Date: _____ Gender: ☐ Male ☐ Female

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Rockwood Gold Card/

Parkway Golden Key Card Holder: ☐ Yes ☐ No

Program Registration

Program Name: _____

Location: _____

Program Name: _____

Location: _____

Participant 2 Information

Participant 2: _____

Birth Date: _____ Gender: ☐ Male ☐ Female

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Rockwood Gold Card/

Parkway Golden Key Card Holder: ☐ Yes ☐ No

Program Registration

Program Name: _____

Location: _____

Program Name: _____

Location: _____

Payment Information

Total Fee: \$ _____

Payment Method: ☐ Cash ☐ Check (make payable to Parkway-Rockwood Community Ed)

☐ Credit Card (MasterCard, Visa or Discover): Card Number: _____ Exp Date: _____

Mail form and payment to: Parkway-Rockwood Community Ed, 1401 Froesel Drive, Ellisville, MO 63011

Participation Waiver

In return for being accepted into a program offered by the Parkway-Rockwood Community Education Department, ("the Program"), I:

1. Acknowledge that I understand the nature of the Program, and that I am qualified and in proper physical condition to participate in the Program. I further agree that if at any time I believe conditions to be unsafe with respect to my physical condition, the equipment, or facilities, I will immediately discontinue participation in the Program.
2. Further acknowledge that the program involves the risk of serious bodily injury (including the possibility of permanent disability, paralysis, or death), which may be caused by (a) my own actions or inactions, (b) the actions or inactions of others participating in the Program, (c) the condition of the equipment and/or facilities at which the Program is located, or (d) the actions or inactions of the entities and persons identified below; and I fully accept and assume all such risk and all responsibility for losses, costs, and damages I may incur as a result of my participation in the Program.
3. Accordingly, I hereby release the Parkway and Rockwood School Districts, together with their directors, officers, employees, volunteers, and agents from all liability, claims, demands, losses, or damages arising out of my participation in the Program; and I further agree that if, despite this release and waiver of liability agreement I, or anyone on my behalf, makes a claim released in this agreement, I will indemnify and hold harmless each entity and person released herein from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur as the result of such claim.
4. Acknowledge that from time to time, Community Ed employee/designee may photograph or videotape myself while I am involved in a Community Education program or activity. These photographs or videotape will solely be used by Community Ed for the promotion and marketing of district programs/activities and will not be sold. I have read this agreement, fully understand its terms, and have voluntarily entered into this agreement of my own free will based only upon the terms and conditions included herein.

Participant 1 Signature: _____ Date: _____

Participant 2 Signature: _____ Date: _____



Registration Information

ONLINE REGISTRATION

Online Registration is Quick & Easy!

Online registration continues to be the most convenient way to register. Visit us at www.prcommunityed.org.

CONNECT WITH US!

Keeping up-to-date is just a like, follow or click away!



www.prcommunityed.org



@Parkway-Rockwood Community Ed



@PRComEdDirector



@PRComEd



@Parkway-Rockwood Community Ed



Sign up for our e-news via our website

Parkway Golden Key Card & Rockwood Gold Card



The Parkway Golden Key Card and Rockwood Gold Card are free to district residents

age 60 and older and provide unlimited 50% discounts to qualifying Community Ed classes/programs as well as free-or-reduced admission to select shows and performances. Online registration is available at the discounted price at www.prcommunityed.org. Obtain a Parkway Golden Key Card/Rockwood Gold Card by completing a brief request form online at www.prcommunityed.org or call 636-891-6644 for more information.

Registration

Available online at www.prcommunityed.org. Registration may also be made by mail. Programs are filled on a first-come, first-serve basis. An adult registration form is available on page 44.

Fees and Cancellation Policy

Most Community Ed programs are fee-based programs, as we are self-supporting. Unless otherwise noted, all necessary materials and supplies are included in the registration fee. When possible, online registration is encouraged. If registering by mail, include fees with the registration form. Checks should be made payable to Parkway-Rockwood Community Ed. Returned payments will be handled in accordance with Rockwood School District finance procedures and applicable fees may apply.

Cancellation of classes/programs will be at the discretion of Community Ed. If a class/program is cancelled due to low enrollment, participants will be notified and receive a full refund. Customer-initiated cancellations made at least three business days prior to start of class or program may qualify for a refund minus a 5% processing fee. Customer-initiated cancellations made two or less business days prior to start of class/program or prior to second meeting of class/program with multiple meeting dates may qualify for a 50% refund. No refunds will be made following the second meeting of class/program. Adventure Club, Trek and Travel and Early Childhood programs may have separate cancellation policies. Visit our website for a list of payment and cancellation policies.

Nondiscrimination Policy

The Parkway and Rockwood School Districts have defined policies prohibiting discrimination against participants in programs and activities. To view the complete nondiscrimination policy of each district, visit www.parkwayschools.net (Parkway) or www.rsdmo.org (Rockwood).

Individuals with disabilities who require accommodations should call 636-891-6644. Reasonable accommodations will be made if they do not fundamentally alter the nature of the program.

Fall At-A-Glance

PROGRAM NAME	AGE/GRADES	DATES	AREA	PAGE
ADULT EDUCATION & LITERACY				
Basic Education	Ages 17+	Various	Various	38-39
High School Equivalency Prep	Ages 17+	Various	Various	38-39
English as a Second Language	Ages 17+	Various	Various	40
Online Continuing Education	Ages 17+	Various	Online	41
TOEFL Preparation, Citizenship	Ages 17+	Various	Various	41
ADVENTURE CLUB	Gr. K-5	Various	Various	15
AQUATICS				
Adult Beginner Swim Lessons	Ages 18+	Various	Various	36
Aqua Aerobics	Ages 18+	Starts Aug. 27, Jan. 7	Ellisville	36
Infant Swimming Resource	Ages 6 mth+	Various	Various	33
Introduction to Swim Club	Gr. K-12	Starts Aug. 13	Wildwood	32
Master/Lap Fitness Swimming	Ages 18+	Ongoing	Chesterfield, Wildwood	36
Pre-Competitive Swim Team	Ages 6-17	Starts Aug. 27, Nov. 5, Jan. 7	Various	33
Rockwood Swim Club Placements	Ages 5+	Various	Various	32
SwimAmerica	Ages 6 mth+	Various	Various	33-35
ART				
Adult Acrylic Painting	Ages 18+	Starts Sept. 13/ Nov. 1	Chesterfield/Ellisville	19
Art for Kids	Gr. 1-8	Starts Sept. 13	Ellisville	22
Beginning Calligraphy	Ages 18+	Starts Sept. 12	Creve Coeur	19
Dine and Paint Night	Gr. 1-5 & Parent	Nov. 16	Ellisville	18
Drawing: Doodling & Sketchbooks	Ages 18+	Starts Sept. 12	Wildwood	19
Madhubani Art - Indian Folk Art	Ages 12-18	Starts Sept. 13	Chesterfield	18
Mason Jar Fall Centerpieces	Ages 18+	Nov. 14	Fenton	19
Mason Jar Winter Centerpieces	Ages 18+	Dec. 17	Ballwin	19
Paper Crafting: Quilling	Ages 18+	Starts Sept. 10	Fenton	19
Parent-Child Art	Gr. K-5 w/parent	Starts Oct. 29	Ballwin	18
Parent-Child Acrylic Painting	Gr. K-5 w/parent	Starts Nov. 1	Ellisville	18
Pumpkin Decoration Party	Gr. K-5 w/parent	Oct. 19	Ballwin	18
BABLER OUTDOOR EDUCATION				
Girl Scout Overnight Program	Brownies	Nov. 16-17	Wildwood	28
Girl Scout Overnight Program	Juniors	Nov. 30 - Dec. 1	Wildwood	28
GPS Trick or Treat	All Ages	Oct. 21	Wildwood	29
GPS Winter Wonderland	All Ages	Jan. 13	Wildwood	29
Scout Badge Opportunities	Gr. 2-8	Various	Wildwood	28
BADMINTON				
BATON	Gr. 3-8	Starts Sept. 10 and Nov. 5	Chesterfield	6
BASKETBALL	Gr. K-5	Starts Aug. 23 & Oct. 4/Aug. 29 & Oct. 17	Chesterfield/Ellisville	6
Adult Basketball Open Play	Ages 18+	Starts Sept. 10	Creve Coeur	4
Basketball Skills Clinics	Gr. 2-8	Starts Sept. 4, 6/Sept. 10	Chesterfield/Eureka	4
Boys & Girls League	Gr. 3-8	Starts Nov. 5	Various	4
High School League	Gr. 9-12	Starts Jan. 5	Various	4
Mighty Mites	Gr. K-2	Starts Oct. 24/Oct. 27	Creve Coeur/Ballwin	4
Pre-Season Clinics	Gr. 3-8	Starts Sept. 19 and Sept. 29	Ballwin	4
CHEERLEADING	Gr. K-2	Starts Sept. 4/Sept. 27	Chest./Ballwin	6
COOKING				
Beginner Sourdough Starter	Ages 18+	September 18	Ballwin	24
Chili Night	Ages 18+	October 2	Ballwin	24
Date Night Cooking Night	Ages 18+	November 9	Ellisville	24
Exploring Vegetarian Cooking	Ages 18+	September 19	Fenton	24
Getting Ready For the Holidays	Ages 18+	November 13	Ballwin	24
Homemade Food as Holiday Gifts	Ages 18+	December 4	Creve Coeur	24
Let's Make Sourdough Flatbreads & More	Ages 18+	October 16	Ballwin	24
DAY TRIPS				
Angels & Demons	Ages 18+	October 30	Trip	25
Churchill & Serenity Valley Winery	Ages 18+	August 16	Trip	25
German St. Louis	Ages 18+	November 16	Trip	25
Hermann German Fest Time	Ages 18+	September 20	Trip	25
Springfield Illinois Holiday House	Ages 18+	December 1	Trip	25
DANCE				
Ballet, Tap and Jazz	Ages 3-6	Starts Sept. 10	Creve Coeur, Chest	16
Ballroom, Latin & Little Bit of Swing	Ages 18+	Starts Sept. 10	Ballwin	16
Beginning Country Line Dancing	Ages 18+	Starts Sept. 10	Chesterfield	16
Intermediate Country Line Dancing	Ages 18+	Starts Sept. 12	Chesterfield	16
Hip Hop Dance	Ages 6-11	Starts Sept. 12	Chesterfield	16
DRIVER EDUCATION				
Evening Driver Education	Age 15+	Starts Sept. 4/Oct. 3	Wildwood/Fenton	22
Drive Time Only	Age 15+	Various	Various	22
ENRICHMENT				
E-Hour	Gr. K-5	Various	Various	21
Kids Night Out	Gr. K-5	Dec. 14	Ballwin	21
Learn to be a Community Ed Instructor	Ages 18+	Sept. 17	Ellisville	23
Making Mighty Magicians	Gr. 4-6	Starts Sept. 10	Creve Coeur	21
Mastering Your iPhone	Ages 18+	Various	Various	23
Podcasts	Ages 18+	Nov. 1	Chesterfield	23
Social Media Speaker	Ages 18+	Oct. 3/Feb. 27	Chest./Ellisville	22
Thinking of Beekeeping?	Ages 18+	Sept. 10/Oct. 29	Wildwood/Ellisville	23
FAMILY PROGRAMS				
American Girl Tea and Tutus	Gr. 1-5 & Parent	Oct. 12	Ballwin	20
Dine and Paint Night	Gr. 1-5 & Parent	Nov. 16	Ellisville	18
Daddy Daughter Event	Gr. K-5 & Parent	Nov. 2	Ballwin	20
GPS Trick or Treat	All Ages	Oct. 21	Wildwood	29
GPS Winter Wonderland	All Ages	Jan. 13	Wildwood	29
Intro to Arabic Culture	Gr. 1-5 & Parent	Starts Nov. 7	Ballwin	20
Minecraft for the Family	Gr. 1-5 & Parent	Starts Sept. 13	Chesterfield	20
Ozark Rocks	Gr. 4 & Parent	Sept. 29-30, Nov. 3-4, Nov. 10-11	Trip	31
Parent-Child Chess	Gr. K+ & Parent	Various	Various	20
FENCING				
Junior Fencing Program	Ages 10-14	Starts Sept. 12/Sept. 20	Ellisville/Chest	6

All residents of the Parkway and Rockwood School Districts and beyond are welcome to participate in all Community Ed programs at any location (unless indicated). Register at www.prcommunityed.org.

PROGRAM NAME	AGE/GRADES	DATES	AREA	PAGE
FINANCE				
Broadening Your Knowledge of Investing	Ages 18+	Dec. 5/Dec. 12	Ellisville/Creve Coeur	27
Retirement: Making Your Money Last	Ages 18+	Oct. 3/Oct. 9	Ellisville/Creve Coeur	26
Retirement Income Strategies	Ages 18+	Sept. 10	Chesterfield	26
Tax Free Investing	Ages 18+	Nov. 6/Nov. 14	Ellisville/Creve Coeur	27
Social Security Planning	Ages 18+	Oct. 1	Chesterfield	26
Women & Finance	Ages 18+	Sept. 11/Sept. 20	Creve Coeur/Ellisville	26
FITNESS				
Ballet Barre Sculpting	Ages 18+	Starts Sept. 12	Ballwin	11
Boot Camp	Ages 18+	Starts Sept. 10	Ballwin	11
Core Strengthening	Ages 18+	Starts Sept. 12	Ballwin	11
Core & Restore	Ages 18+	Starts Sept. 10 & Oct. 29	Ballwin	14
Stretching & Flexibility	Ages 18+	Starts Sept. 11/Sept. 13	Ballwin/Chest.	11
FOREIGN LANGUAGE				
Beginners Spanish	Ages 18+	Starts Nov. 1	Ballwin	23
French for Kids	Gr. 1-5	Starts Oct. 31	Ellisville	22
Spanish for Kids	Gr. 1-5	Starts Sept. 12	Ellisville	22
GOLF				
Junior and Adult Golf Clinics	Ages 13-Adult	Starts Sept. 8	Chesterfield	10
Youth Golf Clinics	Gr. 1-5	Starts Sept. 8	Chesterfield	10
GYMNASTICS				
Ninja Obstacle and Gymnastics	Ages 7-10	Starts Week of Sept. 3	Various	6
Preschool Gymnastics	Ages 3-6	Starts Week of Sept. 3	Various	6
HOME SCHOOL PROGRAMS				
Art for Kids	Gr. 1-8	Starts Sept. 12	Ellisville	22
French for Kids	Gr. 1-5	Starts Oct. 31	Ellisville	22
Spanish for Kids	Gr. 1-5	Starts Sept. 12	Ellisville	22
LACROSSE				
Developmental Lacrosse	Gr. 4-6	Starts Sept. 8	Ellisville	7
Intro to Lacrosse	Gr. 1-3	Starts Sept. 8	Ellisville	7
Lacrosse Game Training	Gr. 6-8	Starts Sept. 9	Wildwood	7
MARTIAL ARTS/SELF DEFENSE				
Karate	Ages 4 and Up	Various	Various	7
Women's Night of Self Defense	Age 18 and Up	Sept. 27/ Oct. 18	Ballwin/Creve Coeur	7
MEDITATION				
.....	Ages 18+	Starts Sept. 10	Chesterfield	14
MUSIC & SINGING				
Beginning Adult Singing	Ages 18+	Starts Sept. 10 & Oct. 29	Ballwin	17
Intermediate Honor Orchestra	Gr. 4-8	Auditions Oct. 1 & 2	Ellisville	17
Group Guitar	Age 12+ w/parent	Starts Sept. 12	Creve Coeur	17
Show Choir	Gr. 3-8	Auditions Sept. 10	Ballwin	17
PERFORMING ARTS				
Auditioning for the Inexperienced	All Ages+	Sept. 11	Ellisville	17
REAL ESTATE				
Contract Overview	Ages 18+	Nov. 8	Chesterfield	27
First Time Home Buyers	Ages 18+	Sept. 12	Fenton	27
Sellers: Getting Your Home Market Ready	Ages 18+	Oct. 3	Ellisville	27
SOCCER				
Developmental Soccer Program	Gr. 1-5	Starts Sept. 8	Ballwin	10
Indoor Soccer/Futsal League	Gr. K-5	Starts Nov. 14, 16 and Jan. 16, 18	Various	10
Soccer All Stars	Ages 3-6	Starts Sept. 8	Various	10
SPORTS SPECIALTY PROGRAMS				
Elite Sports Performance	Gr. K-5	Starts Sept. 5	Wildwood	7
Multi Sports Skills Training	Gr. K-5	Starts Sept. 5	Wildwood	7
TAI CHI				
Advanced Tai Chi	Ages 18+	Starts Sept. 10	Ballwin	14
Beginning Tai Chi	Ages 18+	Starts Sept. 10	Ballwin	14
Continuing Tai Chi	Ages 18+	Starts Sept. 10	Ballwin	14
TENNIS				
Adult Tennis Clinics	Ages 18+	Starts Sept. 8	Manch. & Wildwood	5
Junior Tennis Clinics	Ages 5-18	Starts Sept. 8	Manch. & Wildwood	5
TREK AND TRAVEL TRIPS				
Atlantic Coastal Quest	Gr. 9-10 in 2019-20	June 16-22	Trip	31
Great Lakes Voyage	Gr. 5-7 in 2019-20	July 21-27	Trip	31
Ozark Rocks	Gr. 4 & Parent	Sept. 29-30, Nov. 3-4, Nov. 10-11	Trip	31
Smoky Mountain Adventure	Gr. 5	Spring 2018	Trip	31
TUTOR CONNECTION				
.....	Gr. K-12	Various	Various	22
VOLLEYBALL				
Co-Ed Open Play	Ages 18+	Starts Sept. 12	Creve Coeur	5
Co-Ed Recreational League	Ages 18+	Starts Sept. 4/Sept. 7	Ellisville/Ballwin	5
Girls Leagues	Gr. 3-8/Gr. 9-12	Starts Week of Aug. 20	Various	5
Rockwood Thunder Volleyball Club	Ages 5+	Various	Various	8-9
WINTER SPORTS				
Learn to Ski	Ages 8+	Starts Week of Jan. 7	Wildwood	7
Learn to Snowboard	Ages 8+	Starts Week of Jan. 7	Wildwood	7
YOGA				
Beginning Yoga	Ages 18+	Starts Sept. 12	Chesterfield	13
Beginning Yoga	Ages 18+	Starts Sept. 13 & Nov. 1	Chesterfield	13
Continuing Yoga	Ages 18+	Starts Sept. 10, 12 & Oct. 29	Chesterfield	13
Restorative Yoga	Ages 18+	Starts Sept. 10 & Oct. 29	Ellisville	13
Slow Flow - Vinyasa Yoga	Ages 18+	Starts Sept. 12	Ellisville	12
Vinyasa Yoga	Ages 18+	Starts Sept. 11 & Oct. 30	Ellisville	13
Vinyasa Flow Yoga	Ages 18+	Starts Sept. 10 & Oct. 29/Sept. 12	Ballwin/Ellisville	12
Yin Yoga	Ages 18+	Starts Sept. 11 & Oct. 30	Ellisville	13
Yoga for Families: A Taste of Yoga	All Ages & Parent	Starts Oct. 29	Chesterfield	12
Yoga for Families: A Taste of Yoga II	All Ages & Parent	Starts Nov. 1	Chesterfield	12
Yoga	Ages 18+	Starts Sept. 13 & Nov. 1	Fenton	12
Yoga	Ages 18+	Starts Sept 12 & Oct 31	Eureka	12
ZUMBA				
Advanced Zumba	Ages 18+	Starts Sept. 10	Ballwin	11
Zumba with Julie	Ages 18+	Starts Sept. 11/Sept. 13	Ballwin/Chest.	11
Zumba	Ages 18+	Starts Sept. 12 & Oct. 31/Sept. 13 & Nov. 1	Eureka/Fenton	14

Take Time for YOU!

Whether you like to cook, dance, learn, exercise or play music, your next great experience is inside!

Parkway-Rockwood Community Ed
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Eureka, MO 63025-1229

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Parkway-Rockwood Community Ed has something for EVERYONE! If you're looking to try a new hobby, get away for a day or try a fitness program like yoga or tai chi you'll find the right fit for you.

- Art Classes..... Pg. 18-19 • Day Trips..... Pg. 25
- Aqua Aerobics.....Pg. 36 • Finance & Real Estate .. Pgs. 26-27
- CookingPg. 24 • Fitness ClassesPg. 11-14
- Dance Classes Pg. 16 • Yoga.....Pgs. 12-13

Find a program for you at www.prcommunityed.org

